

KANGAROO MOTHER CARE

- Kangaroo mother care for low-birth-weight baby was introduced in Columbia in 1979 by Dr. Hector Martinez & Edzar Rey as a response to high infection & mortality rates due to overcrowding

- Essential for ensuring the best care option for Low-Birth-Weight babies

Components

- 1. Skin to skin positioning of a baby on the mother's chest

- 2. Adequate nutrition through Breast Feeding

- 3. Ambulatory care because of earlier discharge from

hospital

- 4. Support for Mother & her Family in caring for the baby