

## ASHA WORKER

### ASHA (ACCREDITED SOCIAL HEALTH ACTIVIST)

- Grass root level worker
- 1 ASHA in 1000 population
- Member of Village Health Sanitation & Nutrition Committee
- Woman (25-45 years) -  
Married/Divorced/Widow
- Should be - Permanent Resident of the village
- education up to 10th class
- Should have Good communication skills &

## leadership qualities

- Able to spare 2-3 hours per day for community work

## ROLES & RESPONSIBILITY OF ASHA

- Provide information to the community regarding existing health services
- mobilize the community in accessing health related services at Anganwadi centre / subcentres / PHC / CHC
- Medical care for minor ailments & DOTS provider
- Acts as a Depot Holder for ORS, IFA tablets, OCP, Condoms

etc.

- Inform about births & deaths in her village & disease outbreaks in the community to the subcentres / PHC
- Counsel women on birth preparedness, safe delivery, breast feeding & complimentary feeding, immunization, contraception
- Accompany pregnant women requiring treatment/ admission to PHC/CHC

HOME VISITS AFTER DELIVERY • Home delivery

- 7 visits (day 1, 3, 7, 14, 21, 28, 42) •  
Institutional delivery - 6 visits (i.e. no visit on day

1)

- Delivery by LSCS-5 visits (i.e. no visits on day 1 & 3)

## ROLE OF ASHA WITH AWW (ANGANWADI WORKER)

- Organize village health day once/twice a month
- AWW act as a resource person for training of ASHA
- AWW will update the list of eligible couples & infants
- ASHA will support the AWW in mobilizing pregnant & lactating women & their infants for supplementary

nutrition

## ROLE OF ASHA WITH ANM (AUXILIARY NURSE MIDWIFE)

- Training of ASHA
- Organizing village health days at Anganwadi centre
- Educate ASHA on danger signs of pregnancy & labour
- Ensure that ASHA gets compensation for her performance & TA/DA for attending