

POST-CONCEPTIONAL METHODS

1. Menstrual regulation

- Aspiration of uterine contents 6 to 10 days of a missed period
- Complication-ectopic pregnancy

2. Menstrual induction

- Intrauterine application of 5 mg of Prostaglandin F₂

3. oral abortificant (upto 9 weeks)

- Mifepristone (RU 486) 200 mg orally on day 1 followed by Misoprostol 800 mcg

vaginally within 8 hours

ABORTION

- Termination of pregnancy before the foetus becomes viable at 28 week.

- Types-

- i. Spontaneous abortions- occur once in every 15 pregnancies

- ii. Induced abortions- may be

- a. Legal abortion - MTP

- b. Illegal

abortion

Complications of illegal abortion-
Haemorrhage, Sepsis, Uterine
perforation, thromboembolism, Ectopic
pregnancies

MEDICAL TERMINATION OF PREGNANCY ACT 1971 (MTP ACT)

- Act was passed in 1972
- 1. Why MTP is performed > Condition under which pregnancy can be terminated
 - i. Medical or therapeutic-where pregnancy might endanger mother's life
 - ii. Eugenic-child being born with serious

physical or mental abnormalities

- iii. Humanitarian-where pregnancy is the result of rape
- iv. Contraceptive failure-unwanted pregnancy due to failure of contraceptive method
- V. Social-Unmarried or Economically weak female

2. When MTP can be performed > MTP can be performed upto-Period of gestation- must be less than 20 weeks (now proposed to 24 weeks)

3. Where MTP can be performed > Place where termination can be performed. Approved & licensed by Chief Medical & Health Officer (CMHO) Any hospital with

facilities of emergency laprotomy & major gynecological surgeries • Permission for MTP > given by wife/female only, Written consent of the guardian

- 4. Who can perform MTP > Person who can perform abortion
- Chief Medical & Health Officer (CMHO) certifies the doctor
- RMP with experience in obstetrics & gynecology to perform abortion
- 1 RMP - when pregnancy is < 12 weeks
- 2 RMP - when pregnancy is 12-20 weeks
- Qualification to perform MTP
- Assisted a RMP in 25 cases of

MTP

- 6 months housemanship in obstetrics & gynecology
- Post graduation in OBG • 3 year of practice in OBG for doctors registered before 1971 MTP act • 1 year of practice in OBG for doctors registered after 1971 MTP act
- 5. How MTP is performed > • mTP can be performed by • <6 week of gestation • Mifipristone + Misoprostol • >6 week of gestation • Medical or Surgical procedures