

5 Last-minute Mnemonics for your GT tomorrow

1. Infantile Spasms

Mnemonic: “WEST” syndrome

- **W**est syndrome
- **E**pileptic spasms
- **S**alaam attacks
- **T**hypsarrhythmia

First-line drug: ACTH / vigabatrin.

Disease: West syndrome

2. Gaucher Disease

Mnemonic: “Gaucher GOBBLES glucocerebroside”

Deficiency:

- Glucocerebrosidase deficiency
- Accumulation of glucocerebroside

Classic finding:

- Crumpled tissue paper macrophages
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3. Kawasaki Disease

Mnemonic: “CRASH and burn”

- **C**onjunctivitis
 - **R**ash
 - **A**denopathy
 - **S**trawberry tongue
 - **H**and/feet changes
 - **F**ever = “burn”
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4. Alport Syndrome

Mnemonic: “Can’t SEE, can’t PEE, can’t HEAR a bee”

- Eye defects
- Hematuria/nephritis
- Sensorineural hearing loss

Usually X-linked inheritance.

5. Endolymphatic Hydrops (Ménière Disease)

Mnemonic: “Ménère comes in EAR attacks”

- **E**pisodic vertigo
 - **A**uditory tinnitus
 - **R**educed hearing
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