

COLORRECTAL ADENOCARCINOMA:

Adenocarcinoma of the colon is the most common malignant tumor of GIT.

RISK FACTOR:

1) → Dietary Factors:

- Low intake of dietary fibre - (unabsorbable vegetable fibres)
- slower transit of fecal contents
- This change may ↑ the synthesis of toxic oxidative.

↓
Remain in contact with colonic mucosa for long periods. → development of colorectal cancer.

2) High intake of Refined carbohydrate And fat:

- ↳ High fat intake ↑ the hepatic synthesis & secretion of bile into the intestine

↓
Conversion of normal bile Acid And cholesterol into carcinogens by Anaerobes in the gut microflora.

↓
↑ Risk of colorectal cancer.

3) Insulin Resistance:

Factors that Reduce the Risk:

- Diets Rich in cruciferous vegetables (Broccoli sprouts,
- Protective effect of Aspirin or other NSAIDs

Hereditary factors And syndrome:

- MYH - Associated polyposis
- Nonpolyposis syndrome (Lynch syndrome)
- Familial Adenomatous polyposis.

IBD - Crohn's disease, Ulcerative colitis.

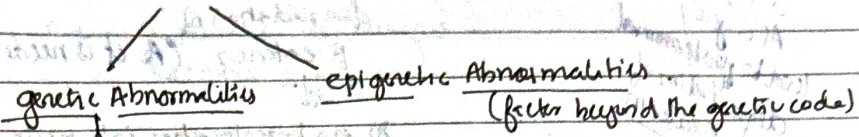
Other → ↑ Age, Family History, Streptococcus bovis bacteremia, Alcohol consumption, Tobacco.

Gardner Syndrome - (FAP + extra colonic lesions)

Turcot Syndrome - (FAP + medullary thyroid carcinoma)

PATHOMECHANISMS:

develop from the combination of multiple molecular Alterations.



APC/β-catenin pathway

Activated in classical Adenoma sequence

Mutational pathway

- Defect in DNA mismatch Repair
- Accumulation of mutation in microsatellite Repeat Regions

→ silencing modification to DNA that turns gene on or off.

Methylation Induced gene silencing

→ enhance progression in both pathways

APC/β-catenin Pathway:

APC - Adenomatous Polyposis coli gene (gate keeper of colonic Neoplasia).

- ① Inactivation of APC tumor suppressor gene.
→ negative Regulator of β-catenin

- ② Inactivation of both copies of APC gene → either by mutation or epigenetic silencing (Methylation)

Associated with Familial Adenomatous polyposis

Non familial colorectal carcinomas & sporadic Adenomas.

⇒ APC is a component of the WNT signalling pathway
- Role is controlling cellular growth and differentiation during embryonic development

Key negative Regulator of β-catenin
bind to & promote degradation of β-catenin
constructs protein complex, prevents differentiation, cell cycle progression

↑ p53 is a tumour suppressor gene
 Methylation lead to silencing of tumour suppressor genes
 HML1 promoter become hypermethylated → Reduce HML1 expression
 And form a destruction complex

Normal

APC gene
 bind to protein and
 degradation of
 β-catenin

degradation of
 β-catenin

→ no translocation into nucleus

No proliferation

WNT signals the deactivation of destruction complex

↑↑ Accumulation of β-catenin

This β-catenin bind to
 TCF to form transcription
 activation complex

Activate transcription of gene (HVC, cyclin D1)

proliferation ↑↑↑
 of colonic epithelial cell.

⇒ when mutation of APC. ↑↑ Accumulation → same → same
 just like WNT signaling

(no proper formation
 destruction
 complex)

AKS3

Sequence

Normal Mucosa

→ Germline or somatic
 mutation of cancer
 suppressor gene (APC H1T)

APC (5y21)

Mucosa at Risk

Methylation Abnormalities

→ 2nd H1T (CpG islands)
 Deactivation of
 normal cell

APC
 β-catenin

early Adenoma

Proto-oncogene
 mutation

KRAS

proliferative growth
 prevent Apoptosis
 overexpression of VEGF-2

CARCINOMA

Addition Mutation

→ Activation of
 Telomerase & other
 oncogenes

Late Adenoma

Homozygous loss of
 Additional cancer suppressor

main
 TP53
 gene mutation

Apoptosis inhibition

Protein
 progression of
 Metastasis

myc
p53
Normal
subsew

Hyalin
fluid
liquifac
fatty.

MICROSATELLITE INSTABILITY PATHWAY:

Microsatellite Repeats:

Short segment of DNA 1 to 6 or more base pair in length which Repeats multiple times in succession.

Eg: TATATA, GTCGTCGTC

Microsatellite Instability

— condition of genetic hypermutability.

Due to impaired DNA mismatch Repair And Accumulation of mutation in microsatellite Repeats.

MSI involving

MSH2, MLH1 (DNA) mismatch Repair gene } Normal color

↓
Sessile serrated Adenoma
(Microsatellite instability (MSI)
mutator phenotype.

↓
Carcinoma

Epigenetic Area

→ Methylation of CpG Rich zones or CpG islands

↓
islands are Regions of genome that contain large number of CpG dinucleotide

Normal Mucosa

Germline or somatic mutation of mismatch Repair gene.

Mucosa of Rect

Alteration of wild type
altered by 20M mutation
or promoter methylation

Repeats.
↓
sessile Serrated Adenoma.

Accumulation of mutations in gene that regulate growth differentials or Apoptosis

MLH1, MSH2
MSH6, PMS1,

Accumulation of
DNA mismatch mutation in
microsatellite Repeats.

TGFBR-2
BAX
BRAF

↓
Carcinoma

DDAI

MORPHOLOGY:

Location →

- ① Right sided or proximal colon carcinomas.
- ② Left sided colon carcinomas.
- ③ Rectal carcinomas.

GROSS:

- (1) → exophytic polypoid mass in the right side of colon
→
Exophytic (cauliflower-like) - polypoid masses
They have sharp dividing line with the
normal bowel.
- does not cause intestinal obstruction
- (2) Annular and constricting tumor in the left side of the colon
- napkin-ring or Apple core constrictions
- cause intestinal obstruction
- (3) Infiltrative & ulcerating tumor → usually raised, have irregular
edges have a central excavated
ulcerated area.

MICROSCOPY:

Adenocarcinoma NOS (not otherwise specified)

- Differentiation → well differentiated, grade (D) ...
- Microscopic features → show glands of variable size & configuration.
The glands are composed of tall columnar cells that resemble
dysplastic epithelium found in Adenomas.
- The lumen of the gland is usually filled with inspissated
eosinophilic mucus & nuclear cellular debris.
- Mitotic figures are usually abundant.
- components of their tumor may show stromal desmoplasia.
of cause firm consistency.

→ Mucinous Adenocarcinomas: composed of abundant pools of
extracellular mucus.

Signet Ring carcinoma

→ A colonic carcinoma is called S.R.C.

They have prominent intraepithelial mucin.

C.F

→ Cancer in the cecum and other Right sided colon.

→ Left sided colorectal cancer

Methods of investigation of colon

→ Occult blood loss in stool by Guaiac test

→ Tumor marker.

→ Flexible sigmoidoscopy

→ Colonoscopy

Radiology

→ D.C barium enema

→ D.H.S.C.

→ Spiral C.T

Direct spread:

→ Transverse spread:

→ Lymphatic spread.

→ Longitudinal spread:

→ Blood spread - Venous invasion

→ Radial spread:

→ Transcoelomic spread.