

BIODATA

- NAME: GEETHU
- AGE: 29 YEARS
- COMING FROM NAD
- SHE IS A HOUSEWIFE



- G3P1L1A1
- LMP: JAN 3, 2019
- EDC : OCT 10, 2019
- POG: 37 WEEKS



CHIEF PRESENTING COMPLAINTS

- CAME WITH SCAN REPORT SHOWING REDUCED LIQUOR AND ADMITTED FOR SAFE CONFINEMENT



HISTORY OF PRESENTING ILLNESS

- PATIENT WAS ON REGULAR ANTENATAL CHECKUP AT A PRIVATE HOSPITAL.
- DETECTED TO HAVE REDUCED LIQUOR ON SCAN TAKEN 2 DAYS BACK.
- REFERRED TO HERE FOR SAFE CONFINEMENT.



HISTORY OF PRESENT PREGNANCY

- FIRST TRIMESTER:
 - PREGNANCY DETECTED 1 MONTH AFTER MISSING PERIODS BY UPT. CONFIRMED BY USG. SCAN SHOWED NO DISPARITY OF DATES FROM EDC.
 - FA TAKEN
 - 1ST DOSE OF TT AT 3RD MONTH
 - NO H/O HYPEREMESIS GRAVIDARUM, FEVER WITH RASHES, UTI, RADIATION EXPOSURE, UNDUE DRUG INTAKE, HYPOTHYROIDISM



- SECOND TRIMESTER
 - QUICKENING FELT AT 5TH MONTH
 - ANOMALY SCAN TAKEN AT 5TH MONTH: NO ANOMALIES DETECTED, LIQUOR WAS NORMAL, BOTH KIDNEYS NORMAL
 - IRON AND CALCIUM TAKEN
 - 2ND DOSE OF TT TAKEN AT 5TH MONTH
 - NO H/O GDM, RAISED BP, LEAKING PER VAGINUM, BLEEDING PER VAGINUM, UTI



- THIRD TRIMESTER
 - IRON AND CALCIUM TABLETS CONTINUED
 - BLOOD TESTS TAKEN 1 MONTH BEFORE SHOWED REDUCED HEMOGLOBIN FOR WHICH SHE WAS ADVISED IRON TONIC BUT SHE DIDN'T TAKE IT
 - SCAN TAKEN YESTERDAY SHOWED REDUCED LIQUOR FOR WHICH SHE WAS REFERRED TO HERE. BOTH KIDNEYS NORMAL
 - NO H/O RAISED BP, GDM, BLEEDING PER VAGINUM, LEAKING PER VAGINUM, UTI



MENSTRUAL HISTORY

- MENARCHE AT 13 YEARS
- REGULAR 4/30 DAY CYCLE
- LMP – 3 JAN, 2019
- PMP – 3 DEC, 2018
- NO H/O DYSMENORRHEA,
MENORRHAGIA



MARITAL HISTORY

- MARRIED AT AGE OF 23 YEARS
- NON CONSANGUINEOUS MARRIAGE



PAST OBSTETRIC HISTORY

- 1ST PREGNANCY 5 YEARS BACK. D&C WAS DONE AT 2ND MONTH AS SCAN SHOWED NO FETAL ACTIVITY
- 2ND PREGNANCY 4 YEARS BACK. DELIVERED A TERM BABY BY LSCS. INDICATION WAS FAILED INDUCTION. FEMALE BABY, 2.5 KG, CRIED IMMEDIATELY AFTER BIRTH, BREASTFED SOON AFTER BIRTH, IMMUNISED TILL DATE, NORMAL MILESTONES ATTAINED



PAST MEDICAL AND SURGICAL HISTORY

- NO H/O DM, HYPERTENSION, ASTHMA, THYROID DISEASE, HEART DISEASE
- NO H/O ANY LONG TERM MEDICATIONS
- NO H/O NSAIDs OR ACE INHIBITORS INTAKE
- NO H/O ANY SURGERIES EXCEPT LSCS



PERSONAL HISTORY

- MIXED DIET
- SLEEP AND APPETITE NORMAL
- BOWEL AND BLADDER HABITS REGULAR



FAMILY HISTORY

- NO H/O TWINNING, ABORTION AND CONGENITAL ANOMALIES



GENERAL EXAMINATION

- MODERATELY BUILT AND NOURISHED
- PRE PREGNANT WEIGHT = 56 KG
- PREGNANT WEIGHT = 64 KG
- WEIGHT GAIN = 8 KG
- HEIGHT = 152 CM
- BMI = 24.2



- PALLOR PRESENT
- NO ICTERUS, CYANOSIS, CLUBBING, LYMPHADENOPATHY, OEDEMA
- SKIN, HAIR – NORMAL
- BREAST, THYROID – NORMAL
- VITALS
 - PULSE -96/MIN, REGULAR IN RHYTHM , NORMAL IN VOLUME AND CHARACTER
 - BP -120/80MM HG, RIGHT ARM SUPINE POSITION
 - RESPIRATORY RATE -14/MIN
 - PATIENT IS AFEBRILE AT PRESENT



SYSTEMIC EXAMINATION

- RESPIRATORY SYSTEM – NORMAL VESICULAR BREATH SOUNDS HEARD. NO ADDED SOUNDS
- CARDIOVASCULAR SYSTEM – S1, S2 HEARD. NO MURMURS



OBSTETRIC EXAMINATION

- VERBAL CONSENT OBTAINED
- INSPECTION
 - ABDOMEN LONGITUDINALLY DISTENDED
 - UMBILICUS CENTRAL AND EVERTED
 - LINEA NIGRA AND STRIA GRAVIDARUM PRESENT
 - TRANSVERSE SCAR OF PREVIOUS LSCS SEEN
 - NO DILATED VEINS



- PALPATION

- FUNDAL HEIGHT CORRESPONDS TO 34 WEEKS OF GESTATION
- SYMPHYSIOFUNDAL HEIGHT = 33 CM
- ABDOMINAL GIRTH = 105 CM
- FUNDAL GRIP – SOFT, IRREGULAR, NON BALLOTTABLE MASS SUGGESTIVE OF BREECH
- UMBILICAL GRIP
 - LEFT SIDE – UNIFORM CONVEX RESISTANCE SUGGESTIVE OF BACK
 - RIGHT SIDE – SOFT MULTIPLE NODULES SUGGESTIVE OF LIMBS
- 1ST PELVIC GRIP – HARD, ROUND BALLOTTABLE MASS SUGGESTIVE OF FETAL HEAD
- 2ND PELVIC GRIP – FINDINGS OF 1ST PELVIC GRIP CONFIRMED. HEAD NOT ENGAGED.



AUSCULTATION

- FETAL HEART SOUNDS HEARD ON THE LEFT SPINOUMBILICAL LINE



SUMMARY

- 29 YEAR OLD G3P1L1LA1, LMP – JAN 3, 2019, EDC ON OCT 10, 2019, POG – 37 WEEKS WITH H/O PREVIOUS LSCS PRESENTED WITH SCAN REPORT SHOWING REDUCED LIQUOR AND CAME FOR FURTHER MANAGEMENT. ON EXAMINATION, PALLOR PRESENT, VITALS STABLE. ON OBSTETRIC EXAMINATION, SINGLE LIVE INTRAUTERINE GESTATION, LONGITUDINAL LIE, CEPHALIC PRESENTATION, HEAD NOT ENGAGED WITH FUNDAL HEIGHT CORRESPONDING TO 34 WEEKS. FETAL HEART SOUNDS HEARD.



DIAGNOSIS

- 29 YEAR OLD G3P1L1A1 WITH H/O PREVIOUS CS, POG – 37 WEEKS WITH SINGLE LIE INTRAUTERINE GESTATION. UTERINE SIZE CORRESPONDS TO 34 WEEKS OF GESTATION, PROBABLY DUE TO SMALL FOR GESTATIONAL AGE, FETAL GROWTH RESTRICTION OR OLIGOHYDRAMNIOS, COMPLICATED WITH ? ANEMIA FOR WHICH FURTHER EVALUATION IS NEEDED.

