

Q&A + (5 Markers) , ① ^{Self} Introduction & Consent
 Pathological jaundice

① Elbow knee Jerk

- ① Consent & self-intro.
- ② Explain procedure
- ③ Adequate Exposure
- ④ Proper position of patient. Supine & right side
- ⑤ Proper technique -
 - Keep ~~your~~ hand under the knee and patellar tendon
 - Look for quadriceps contraction
 - Do it on opposite side
 - grade the reflex
 - Introduce

② Ankle Jerk

- ① Consent
- ② Explain procedure
- ③ Adequate Exposure
- ④ Proper position of the patient
- ⑤ Proper technique -
 - Supine position, dorsiflexion of ankle, stroke on Achilles tendon, Central
 - Contraction of calf muscle (Gower)
 - Do it on opposite side
 - Grade & Introduce

③ Mid upper Arm Circumference

- ① Consent
- ② Explain procedure
- ③ Non-dominant, Palpate Acromion, palpate olecranon
 - take mid point of upper arm.
 - Measure mid arm circumference (SAM < 4.5)
(Normal > 13.5)

④ Head Circumference

- ① Consent ② Explain procedure ③ Right side of patient
- ④ Inspect skull abnormally.
- ⑤ Tape should encircle maximum point of occipital protuberance, frontal, maxillary less than 3 SD. (1SD - 1.25 cm)

⑤ Facial Nerve

- ① Consent ② Inspect for facial asymmetry
- ③ Ask the patient raise the eye brows
- ④ Ask to close eye.
- ⑤ Teeth and mouth shut
- ⑥ Check.
- ⑦ Ant. 2/3rd tongue taste sensation
- ⑧ Lingual & corneal reflex.

Height

- ① Consent ② Explain procedure ③ Right side of patient
- ④ Make the patient stand with bare feet close to stand, occiput shoulder buttocks, feet touch the chord. Head erect, chin up, look straight.
- Bring horizontal bar against the stand and measure.

Kernigan Signs

- ① Raps consent ② Explain Procedure ③ Position of the patient.
- Fully flexing knee hip, and extend the knee. (specimen of harnessing)
- Do it on both side.

3, 4, 6 CN

- 1) Consent 2) Expt Ask for diplopia 3) Look for ptosis
- Look for squint.
- Eye ball movement in all direction
- Pupil size and shape.
- Light reflex - Direct & indirect
- Accommodation

Apex Beat

① Consent

② Explain the test

③ Sitting & Supine (left lateral)

• Look for position of heart and spine. (Thorax)

• Look for ICS & MCL.