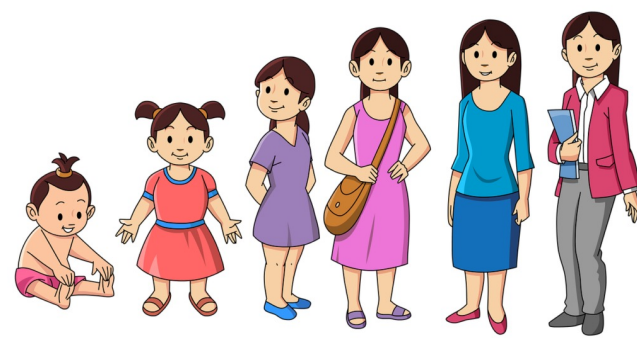


RMNCH+A

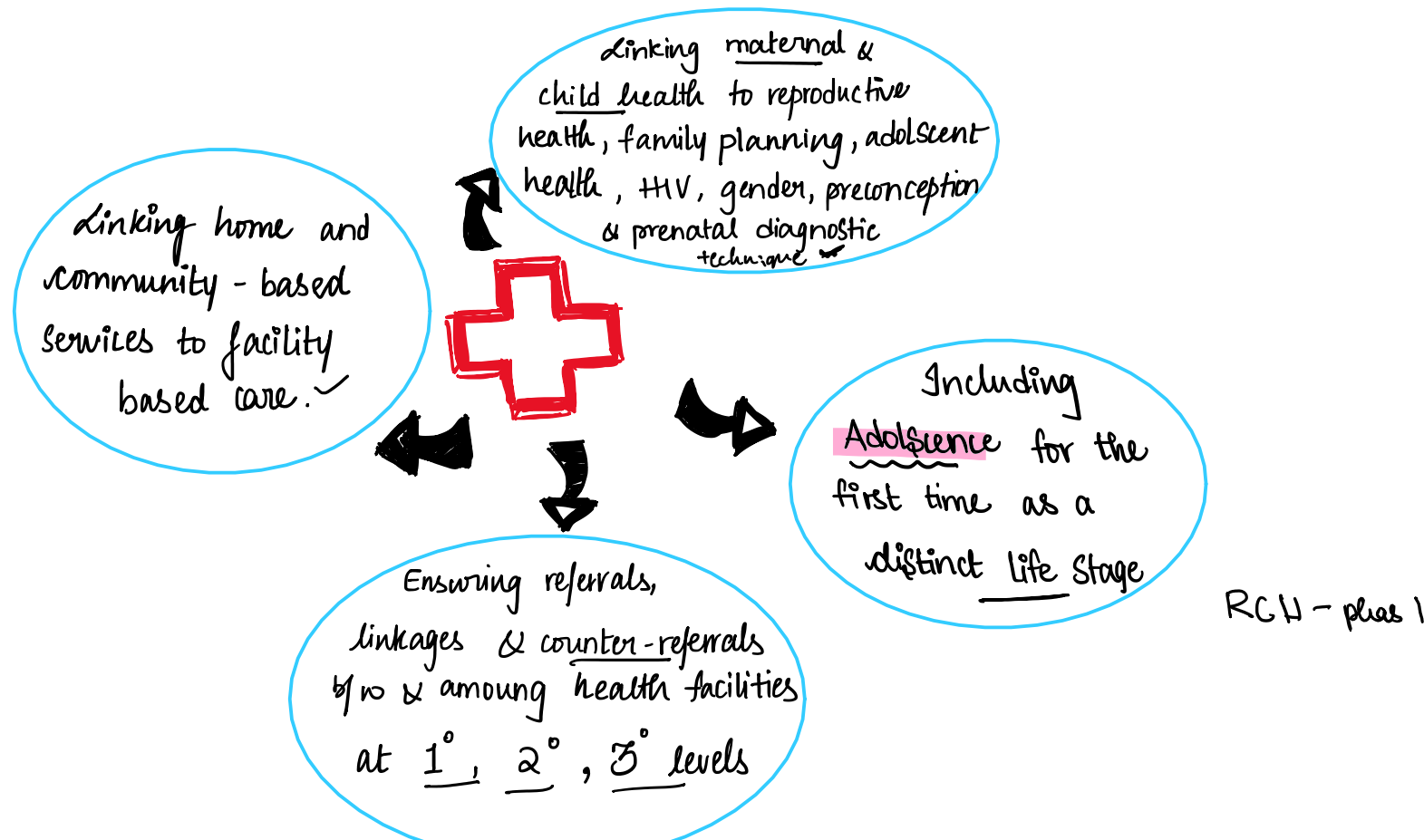
It's a strategy based on provision of comprehensive care via five pillars:

- **REPRODUCTIVE**
- **MATERNAL**
- **NEONATAL**
- **CHILD**
- **ADOLESCENT HEALTH**



guided by central tenets of Equity, Universal care, entitlement and accountability

What does the "PLUS" signify?



The aim is to reach the maximum no. of people in the Remotest corners of country through a continuum of services, constant innovation and routine monitoring of interventions

GOALS

- Reduction of Infant Mortality Rate (IMR) to 25 per 1,000 live births by 2017
- Reduction of Maternal Mortality Rate (MMR) to 100 per 1,00,000 live births by 2017
- Reduction in Total Fertility Rate (TFR) to 2.1 by 2017

TARGETS:

- ▶ Increase facilities equipped for perinatal care.
- ▶ ↑ proportion of all births in Govt. & private institutions
- ▶ ↑ pregnant mothers receiving ANC.
- ▶ ↑ mothers & newborns receiving PNC
- ▶ ↑ deliveries conducted by skilled birth attendants.
- ▶ ↑ exclusive breast-feeding rates
- ▶ ↓ prevalence of under-weight in Under 5 children.
- ▶ ↑ coverage of 3 doses of DTP
- ▶ ↑ ORS in under-5 children with diarrhoea.
- ▶ ↓ Unmet need of family planning methods among eligible couples
- ▶ ↑ met need for family planning methods.
- ▶ ↓ anemia in adolescent girls & boys.
- ▶ ↓ proportion of total fertility contributed by adolescents
- ▶ ↑ child sex ratio in 0-6 years.

INTERVENTIONS

5x5 → ?

Reproductive Health — ①

- ◊ Spacing methods (PPIUCD) at high case load facilities
- ◊ Interval IUCD at all facilities on fixed days
- ◊ HDCs & ESB through ASHA
- ◊ Access to FTK's & strengthening comprehensive Abortion services
- ◊ Quality sterilization Services



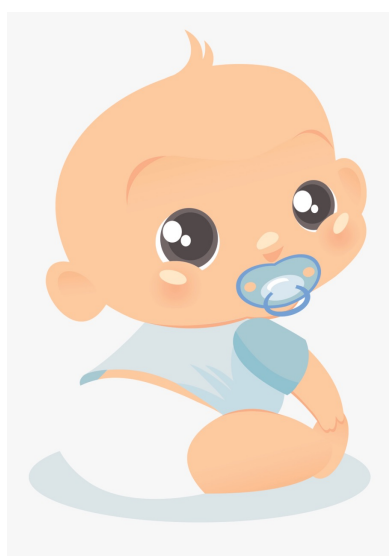
② ← Maternal Health

- ◊ MCTS to ensure early registration of pregnancy
- ◊ High risk pregnancy
- ◊ Equip delivery points via highly trained HRs & Equitable access to EmOC through FRUs
- ◊ Review maternal, infant & child deaths
- ◊ Identify villages with high no. of home deliveries & distribute MScoprostol in 8th month → 3rd stage of labour
- Incentivize ANMs for home deliveries.



Newborn Health — ③

- ◊ Exclusive breast-feeding
- ◊ HBNC — ASHA
- ◊ Essential Newborn Care & resuscitation
- ◊ Special Newborn Care units
- ◊ Community level — Gentamycin by ANM.



④ — Child Health

- ◊ Complementary feeding, IFA supplementation.
- ◊ Diarrhoea mgn. → Zinc & ORS.
- ◊ Mgn. of pneumonia.
- ◊ ✓ Full immunization coverage (NIS)
- ◊ ✓ RBSK — AD's & its management
 - Dev delays
 - Ref
 - Birth defects
 - Risks



Adolescent Health — ⑤

- ◊ Address teenage pregnancy & ↑ contraceptive prevalence
- ◊ Peer Educators — comm. based services
- ◊ Strengthen ARSH clinics
- ◊ Roll out National Iron Plus Initiative
 - weekly IFA.
- ◊ Menstrual hygiene



⇒ Health System Strengthening

- ◊ Case load — HR ✓
- ◊ Ambulance, diagnostics, RH
- ◊ HE, demand promotion, BCC
- ◊ Public grievances, client satisfaction
- all round quality assurance

⇒ Cross Cutting Interventions

- ✓ JSSK, RBSK RCH
- ✓ Quality care to pregnant women & children
- ✓ Unservd, Underserved villages, urban slums

Thank You