

OSTEOCHONDROMA

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OSTEO CHONDROMA

- Bony mass produced by progressive endochondral ossification of a growing cartilaginous cap. Otherwise called exostosis

Appearance

After 7 years

**Grows only during the growth
period**

- Keith:-*Failure of the normal remodeling process (tubulation)*
- Geschikter & Copeland theory – Focal accumulation of embryonic connective tissue
- Site:- Metaphysis of long tubular bone particularly around knee.

CLINICAL FEAUTURES

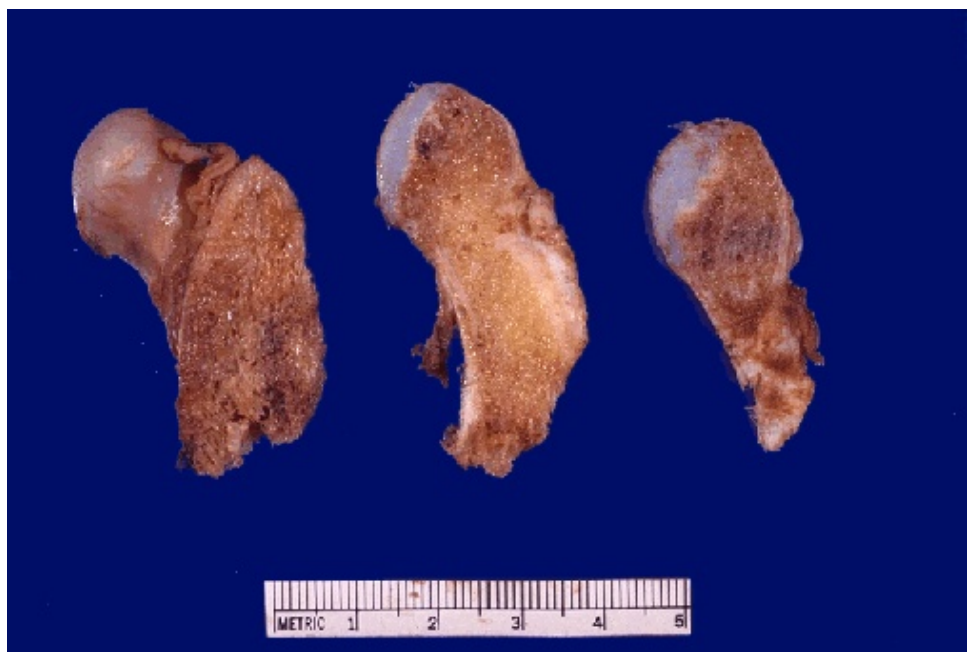
- Short stature
- Deformities may present (Bowling or knock knee)
- Usually Non tender swelling ,
- Pain may be due to irritation of the surrounding structure

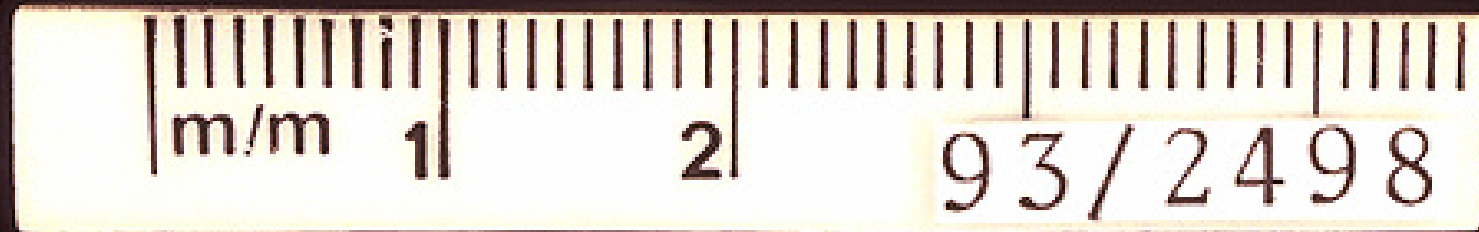
Pathology

- Stalked or sessile , & projected part.
- Stalk directed away from the epiphysis adjacent to which it take its origin.
- Projecting part has cortical & cancellous component.
- Covered by cartilaginous cap- thin irregular.
- If calcification of the cartilaginous cap is seen in xray, chances of sarcomatous changes are high.

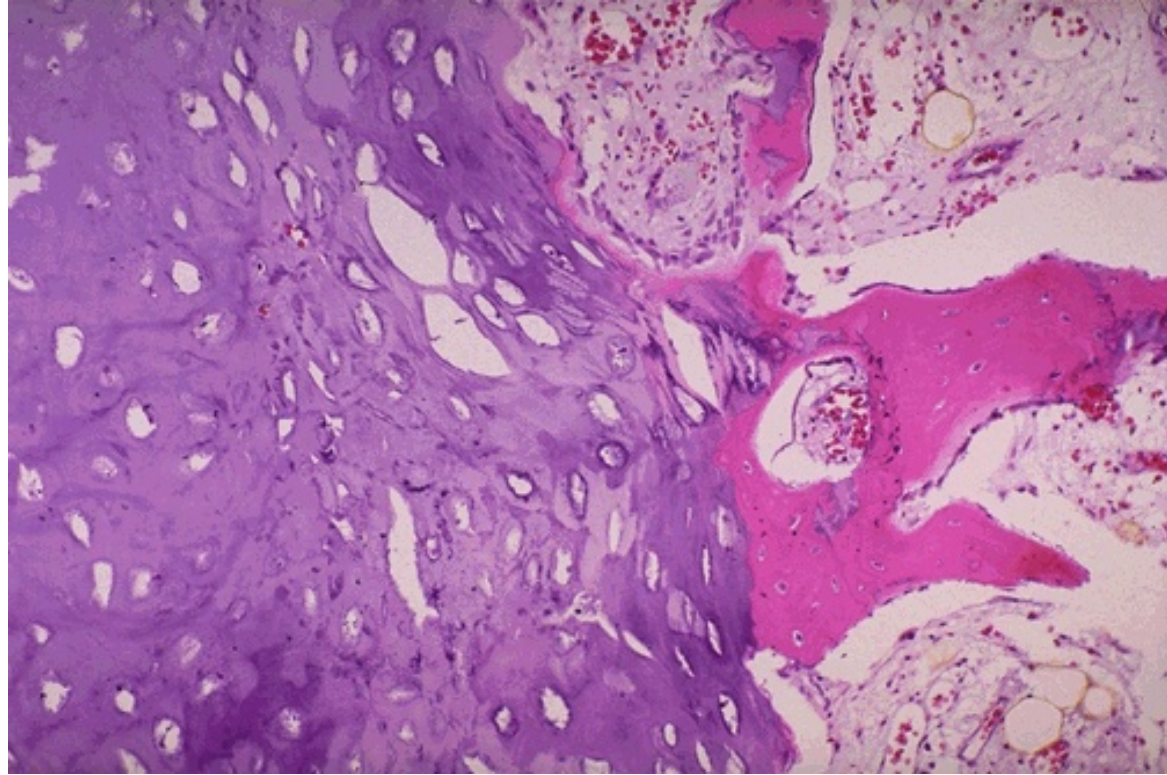


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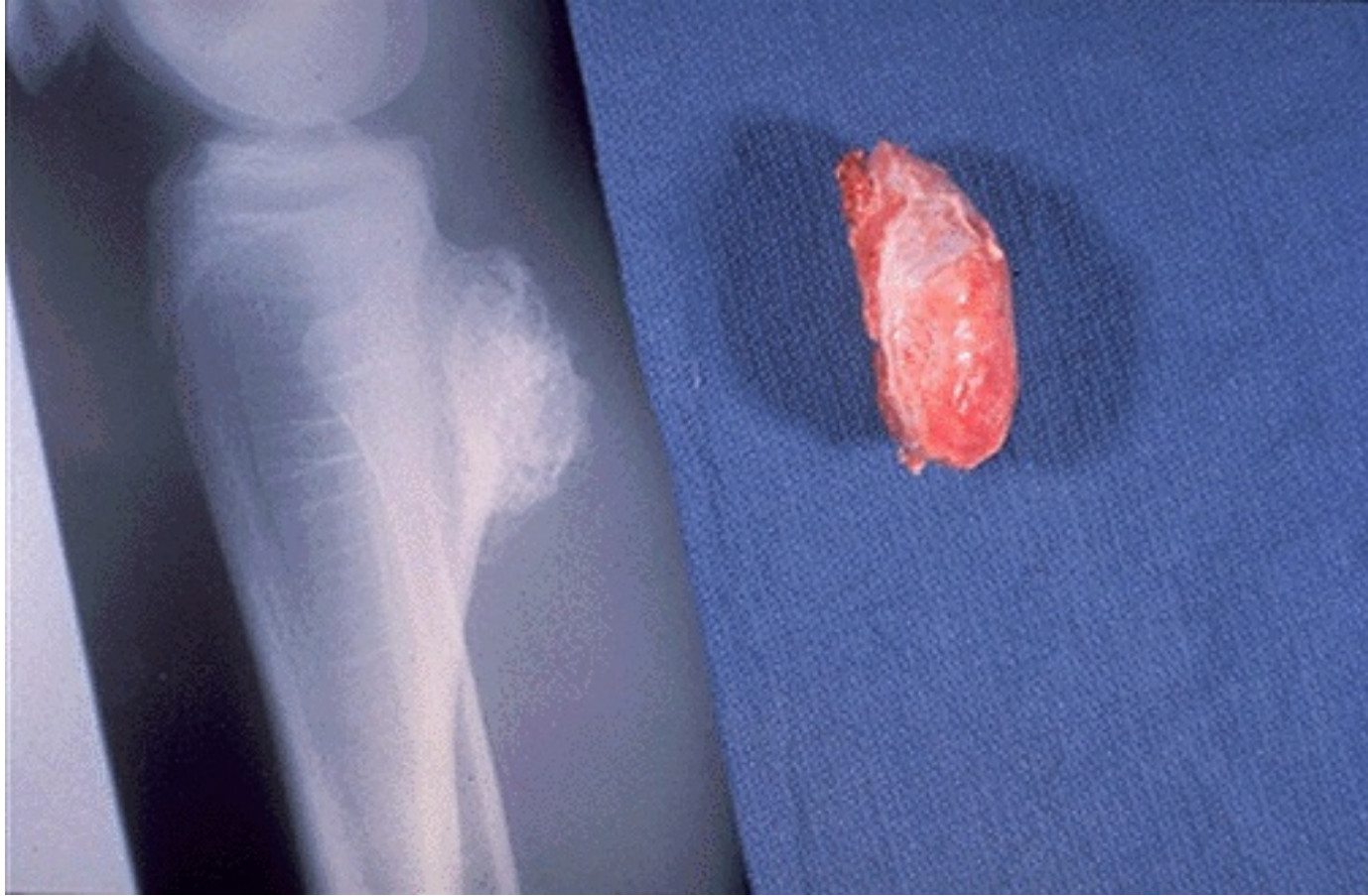
Histology of osteochondroma

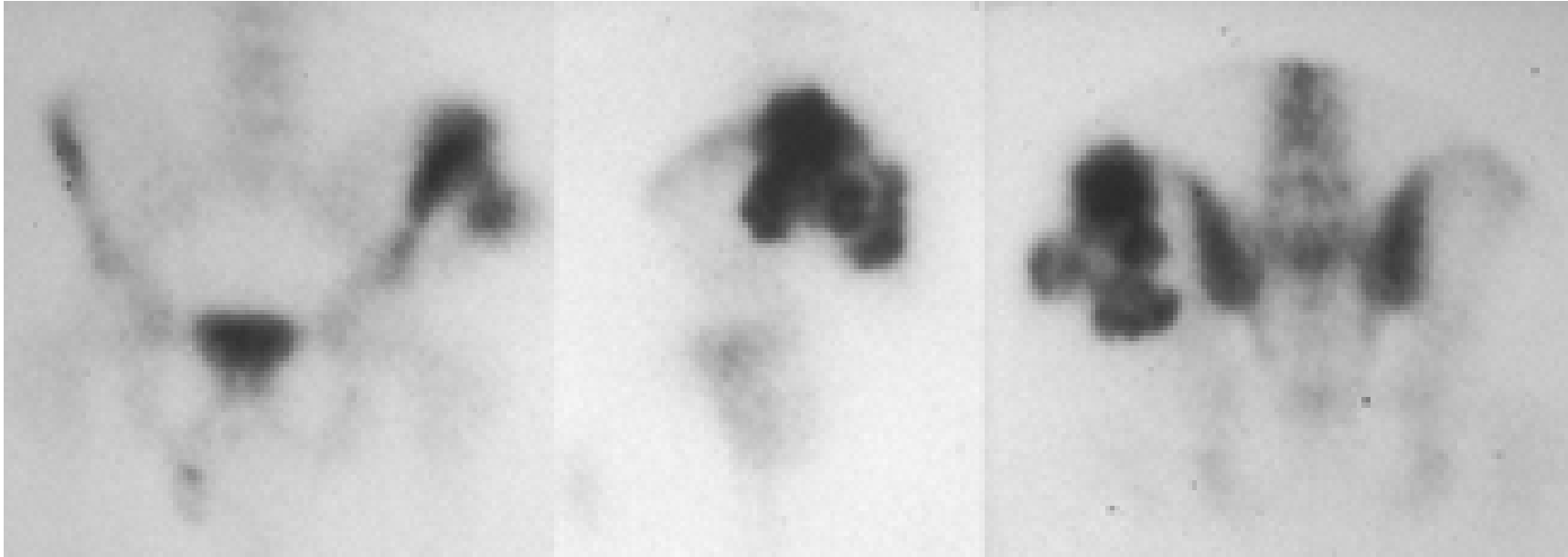












Treatment

- Usually considered as benign and can be treated conservatively
- Indication for surgery is
 - Cosmetic
 - Recent rapid growth
 - X-ray suggest malignancy
 - mechanical difficulty if it presents near joints.
 - pain
- Enbloc resection and specimen is sent to histopathological examination.