

HISTORY TAKING FORMAT

1. General Information.

Name.

Age.

Sex

Place.

Date of Admission

Date of examination

Informant:

Reliable or not:

2. Chief Presenting complaints [at the time of admission] in chronological order.

3. H/O Presenting complaints.

Each symptom analysis

Associated symptoms

Relevant negative history

History related to complications.

Etiology related questions / pattern of symptoms to get a diagnosis

treatment history before admission.

course of illness after admission.

4. 4% past illness

IP & OP visits for significant illness
well baby visits

Relevant negative history in the past
similar illness in the past in relevant
cases

Drugs/surgical history

if recurrent episodes - when first
started, frequency in last one year.

VPD like TB, measles etc
endemic illnesses.

5 Antenatal, Natal and Postnatal History

Antenatal history.

1st trimester

LMP

EDC.

Regular antenatal checkups

Periconceptional Folic acid intake

Fever with rash, painful post
auricular lymphadenopathy.

History of handling of pets.

h/o exposure to drugs / irradiation

Weight gained by mother.

H/o bleeding PV. and dating USS done

2nd Trimester

Td injection. given or not.
Iron and folic acid tablets.

quitting felt when

Maternal PIH, DM, anaemia or any
other relevant illness.

Anomaly scan, Bleeding / leaking PV.

3rd Trimester

H/o PROM / bleeding PV.

H/o reduced fetal movements.

Symptoms of pre-eclampsia - headache,
visual disturbance, epigastric pain,
swelling.

H/o fever, urinary / vaginal infections
in late pregnancy.

Any maternal medications.

Natal History.

Mode of delivery
medication.

complication

Term or Preterm

Birth weight

child cried immediately / any resuscitation

Admitted in NICU or not

Post Natal History

when breast feeding started

exclusive Breast feeding or not / any
prelacteal feeds

when meconium and urine passed.

Any red flag symptoms like respiratory
distress, jaundice, poor feeding etc.

6. Development History

Gross motor domains.

Fine motor domains.

Language domain

Personal social domain.

Hearing and vision.

Find development age in each domain
and development quotient.

Comment: Any developmental delay or not
if present is it global or confined to
a specific domain.

If development delay, check for early
markers of Cerebral Palsy.

7. Dietary History.

- Till what age exclusive breast feeding.
- when complementary feeding started and explain.
- when family food feeding started.
- Use 24-hour dietary recall during free-illness time to make diet chart.
- check if all food groups are there or not
- Look for micronutrients in diet.
- If any food supplementation given
- State your comment based on above finding

Calorie and Protein Calculation.

Expected calorie - total calorie - find calorie gap.
Protein calculation - see ICMR chart and find protein gap.

Verify if the calories / protein gaps correlating with anthropometry of the child.

Calorie Calculation - three methods

1. Using Expected Weight for that age [50th centile weight] - Holliday & Segar formula

1-10 kg - 100 Kcal/kg/day

11-20 kg - 1000 + 50 kcal/kg/day for each
kg above 10 kg.

> 20 kg - 1500 + 20 kcal/kg/day for each
kg above 20 kg.

eg - 15 kg = 1000 + 5 x 50 = 1250 calories.

2. Simple formulae with age - Beal side
calculation.

1 year - 1000 Kcal.

2 years - 1100 Kcal.

Similar add 100 Kcal every till 12 years.

3. Use ICMR chart.

4. ICMR Recommended calorie & Protein
requirements [2020 - current]

8 Immunisation.

Whether Fully immunised / Partially immunised /
Unimmunised.

Under what schedule ... IAP / National

Is scar present / not

When last vaccine taken and what was taken.

Next vaccine due.

Pulse polio given or not

Vitamin A prophylaxis given / not

Any AEFI

Any additional vaccines taken.

If incomplete vaccination ... find out cause.

Lack of facility, lack of knowledge, lack of money, lack of time, due to any diseases.

9. Family History

Any similar illness in family [Allergy, Asthma, TB]

Any consanguinity.

If so degree of consanguinity

Pedigree chart - [Family tree - 3 generations]

10 Socio Economic

Modified Kuppuswamy scale - in detail

House kutcha / Pucca.

Overcrowding

Sanitation

Passive Smoking.

IMMUNISATION

HISTORY TAKING

- ① Immunisation are taken upto age
- ② Last vaccine taken → name & date
- ③ Next vaccine to be taken
- ④ Any optional vaccine taken
- ⑤ Any adverse effect vaccine taken
- ⑥ check for BCG scar seen
- ⑦ If any campaign vaccine taken

Upper limit of Age of Attainment at milestone.

Milestone	Age
Visual fixation/following	— 2 months
Vocalisation	— 6 months
Sitting without support	— 10 minutes
standing with assistance.	— 12 months
Hand and knee crawling	— 14 months
standing alone	— 17 months
walking alone	— 18 months
single words	— 28 months
imaginative play	— 3 years

Key Gross Motor Developmental milestones.

Age	Milestone
3 months	Neck holding
5 months	Rolls over.
6 months	Sits in tripod fashion (sitting with own support)
8 months	Sitting without support
9 months	Stands holding on (with support)
12 months	Creeps well: walks but falls; stands without support
15 months	Walks alone; creeps upstairs
18 months	Runs; explores drawers
2 years	Walks up & downstairs (2 feet/step) jumps
3 years	Rides trike, alternate feet going upstairs
4 years	
4 years	Hops on one foot; alternate feet going downstairs

Key language milestones

Age	milestones
1 month (25)	Alerts to sound
3 month (67)	Coos (musical vowel sounds)
4 month (7)	laugh word.
6 month	Monosyllables (ba, da, pa), ah-goo sounds
9 month	Bisyllables (mama, papa, dada)
12 month	1-2 words with meaning
18 months	8-10 word vocabulary
2 years	2-3 word sentences, uses pronouns, "I", "me", "you"
3 years	Asks questions. knows full name & gender
4 years	says song/poem, tells stories
5 years	Asks meanings of words

Key stone 4 Adai

Mile

Social &
Adaptive.

Age	Milestone
2 months	Social smile (smile after being talked to)
3 months. (4)	Recognizes mother; anticipates feeds
6 months (6)	Recognizes strangers, stranger anxiety Waves 'bye-bye'
9 months.	
12 months.	Comes when called: plays simple ball game.
15 months.	Targun.
18 months	Copies parents in task (eg: sleeping)
2 years	Ask for food, drink, toilet; pulls people to show toys
3 years	Shares toys; knows full name and gender.
4 years	Plays cooperatively in a group; goes to toilet alone
5 years	Helps in household tasks, dresses and undresses