

EATING DISORDERS

Anorexia Nervosa

Bulimia Nervosa

Binge eating Disorders

Anorexia Nervosa

- No anorexia
- Body image preoccupation
- Morbid fear of ↑ weight
- Underweight by <85% of normal.

2 types of anorexia nervosa

Restrictive type

Binge eating type

- Peculiar pattern of food handling behaviour (Avoidance)

- Sometime BINGE
↓
post binge anguish
↓
Compensation
↓
vomit Puke.

→ Medical problems associated with Anorexia Nervosa :-

- ① Dental caries
- ② Parotid Abscess

↓ LH ↓ FSH ③ Amenorrhoea (3m)

↓ BMD ④ Osteoporosis

⑤ Lanugo hairs

(Signs of starvation)

⑥ Cardiac Complications

↳ Arrhythmias :- Highest mortality in Psychiatry

Bulimia Nervosa

→ No avoidance

→ Normal weight

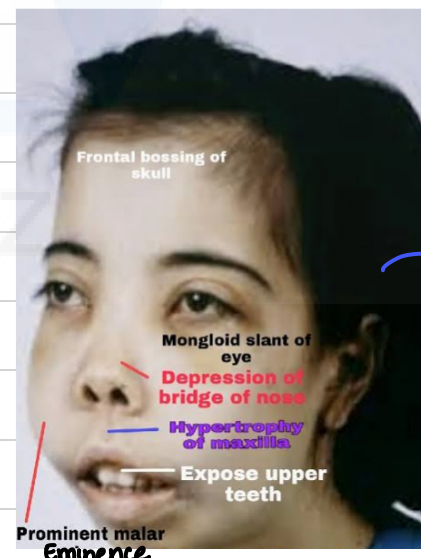
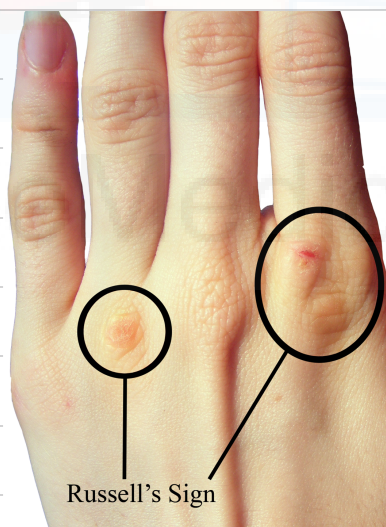
→ Binge ⇒ Post binge anguish ⇒ Compensation

vomit Purge

→ Self induced vomiting

- ↳ Russell's Sign (knuckle calluses)
- ↳ Chipmunk facies (bilateral Parotid enlargement)

These Signs called as BULIMIA STIGMATA.



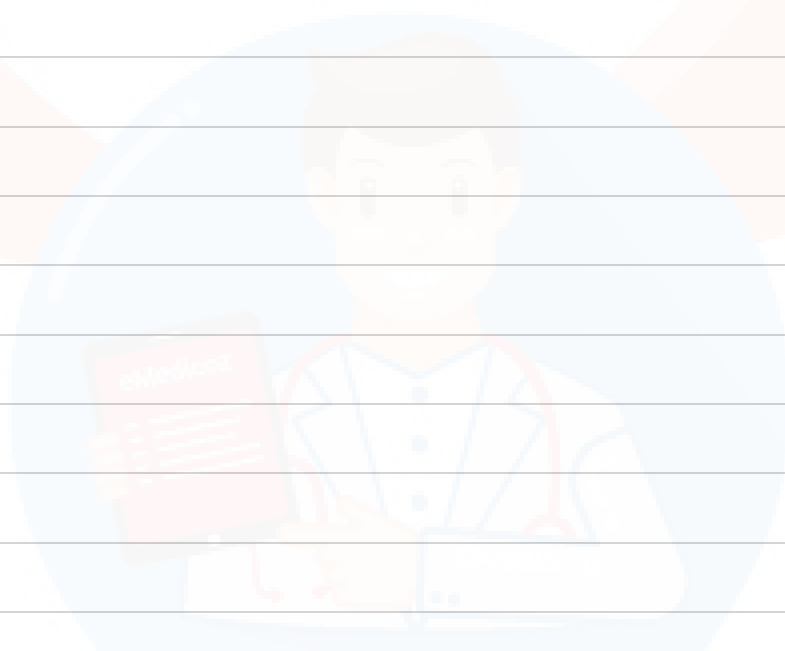
chipmunk facies.

Binge Eating Disorder

- only binge
- No Compensation.

Treatment of Eating Disorders

- SSRI + Cognitive Behavioural therapy (CBT)



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