

OCD & RELATED DISORDERS

- 1) OCD
 - 2) BDD
 - 3) Hoarding D/O
 - 4) Trichotillomania (Pulling D/O)
 - 5) Skin picking (Excoriation D/O)
- } Body focussed
Repetitive behaviour

OCD

→ 2-3% Prevalence (INICET)

→ overactivation of CSTC loop (Corticostriathalamocortical) ^Q



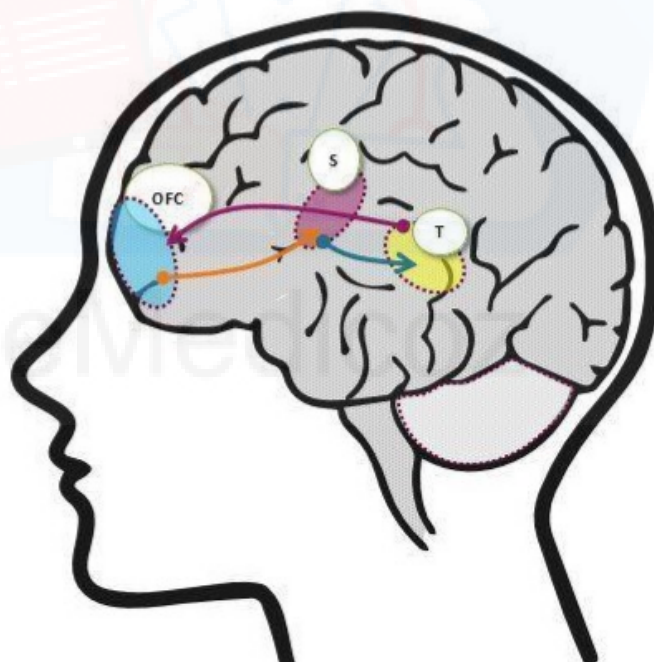
B/L Caudate atrophy is seen in OCD Patients.

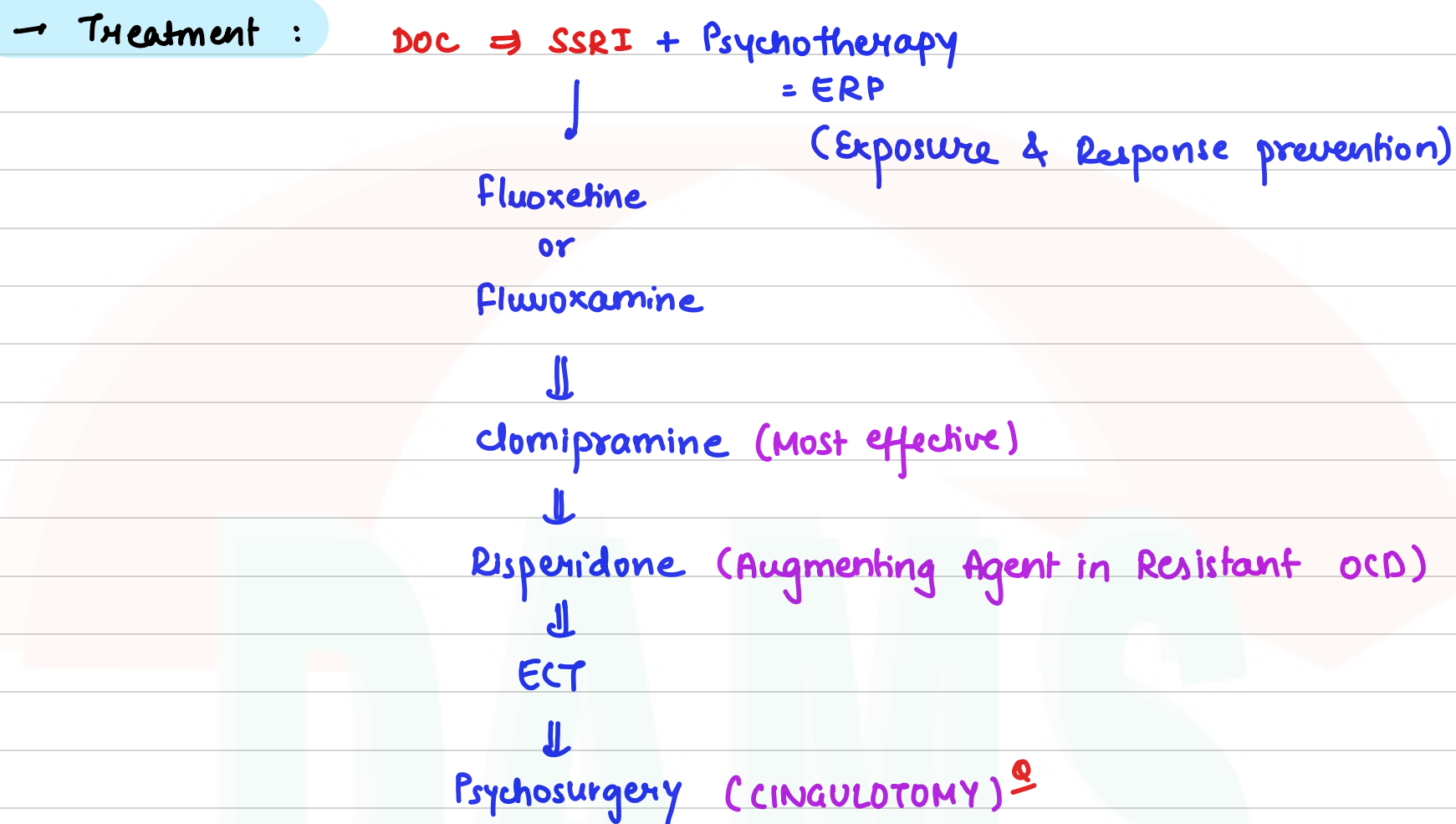
Overactivation of the cortico-striatal-thalamic-cortical loop is associated with obsessions

OFC - ORBITOFRONTAL CORTEX

S - STRIATUM

T - THALAMUS

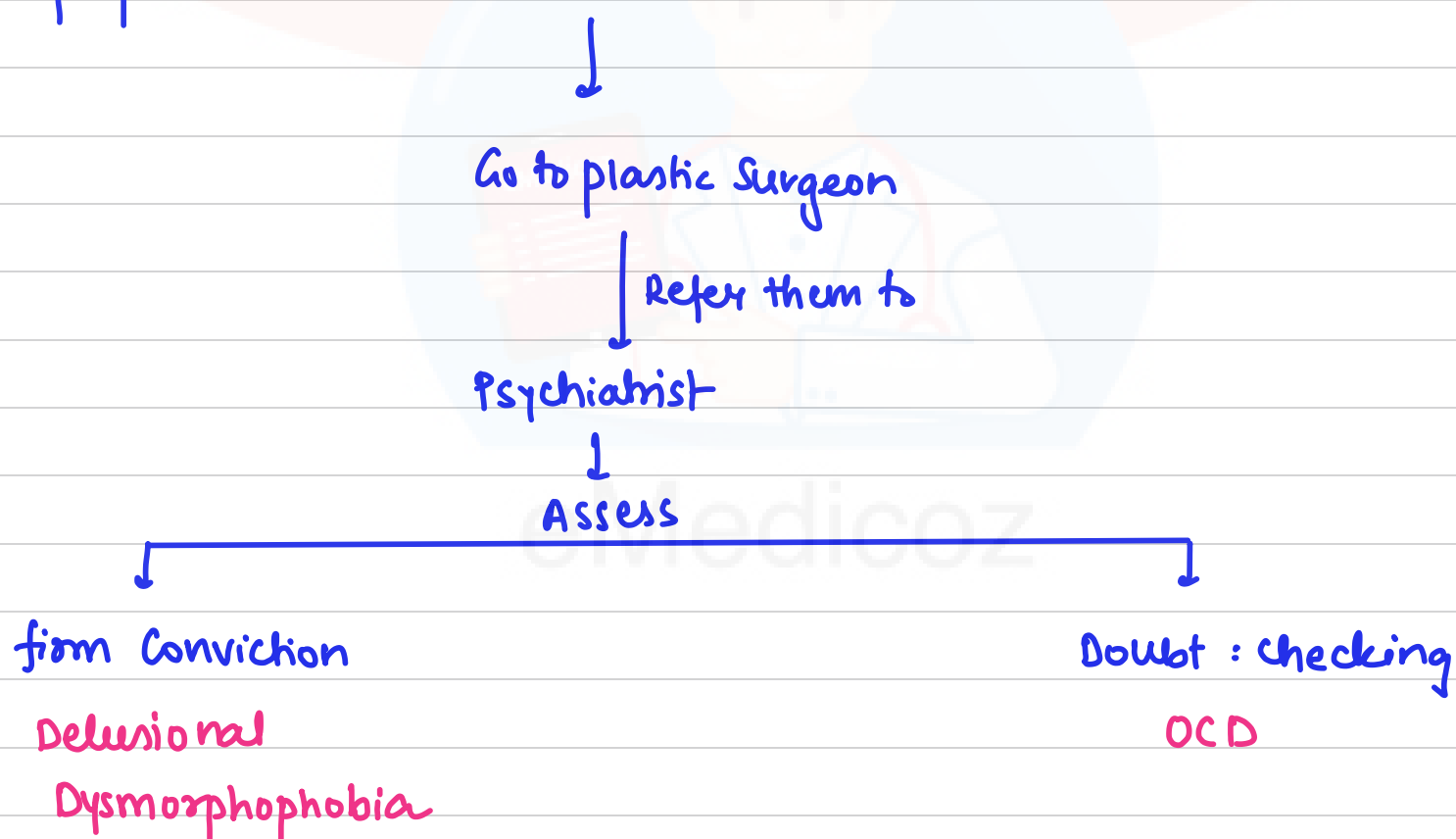




BDD

= Body Dysmorphic Disorder

→ Person feels that part of my body (Hair, Nose, Skin) is Disfigured / Not-proper.



HOARDING D/O

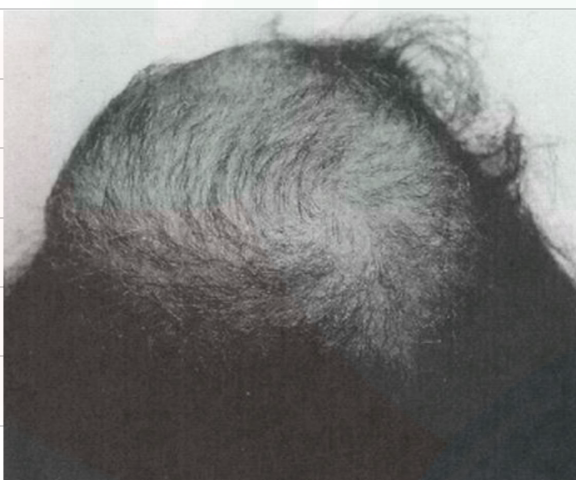
→ Person hoards or collects relatively old or useless or less useful things considering them valuable (Emotionally attached to items)

NEET-18 ERP has poor prognosis.

TTL

Trichotillomania

(AIIMS Dermat)



SKIN PICKING



Excoriation Disorder

Rx = Habit Reversal.