

ICDS - Integrated Child Development Services

- It was launched in the year 1976. ICDS seeks to lay a solid foundation for the development of the nation's human resource by providing an integrated package of early childhood services.
- ~~Anganwadi workers delivers the services~~ at the village level.
- ICDS is implemented through a network of Anganwadi centres supported by the health system including subcentres, PHCs and etc.
- It is both a preventive and promotive programme playing a key role in reducing malnutrition & improving child survival.

The objectives of ICDS scheme are:

- a) To improve the nutritional & health status of children in the age group 0-6 years
- b) to lay the foundations for proper psychological, physical & social development of the child.
- c) to reduce mortality and morbidity, malnutrition & school drop-out.
- d) to enhance the capability of mothers through nutrition and health education.
- e) to achieve effective coordination of policy & implementation among various department working for promotion of child development.

Services provided by ICDS

- i) Supplementary nutrition
 - Given to children below 6 years, nursing & expectant mothers.
 - each child 6-72 months of age get 500 calories and 12-15g protein. (≈ 8 | child | day)