

## ABDOMEN

Name /Age /Sex / Occupation /Address

H/O Presenting illness

*Pain*

Duration

Site

Nature( continuous/intermittent)

Character(constant/colicky)

Severity

Radiation

Aggravating/ relieving factors

Associated features (Fever, Nausea, Vomiting or Defecation )

*H/o Abdominal Distension*

Duration

Onset (insidious/acute)

Site(localized or uniform)

Progress

CVS Features (RVF)

Leg swelling

Breathlessness

Chest pain

*Liver features*

Asso. Loss of appetite/Jaundice/Pruritus

Haematemesis

Malena

*Renal*

oliguria

Puffiness off face

Frothy urine( Nephrotic syndrome)

*Vomiting /Blood in vomit*

No of episodes

Duration

Projectile/associated with nausea(Head ache, blurring of vision)

Quantity

Character(Colour/Smell, Blood streaks Y/N)

Associated with food intake

Associated features, pain, Malena/Haemetemesis)

*CCF*

Palpitation

Dyspnoea

Chest pain

*No H/O Fever*

*No H/O Vomitting, Dysphagia, Heart burn*

*No H/O pain, burning micturition*

*No H/O Bleeding diathesis*

*NO H/O Trauma*

*No H/O prolonged bleeding after trauma*

*If Cirrhosis(Hepatomegaly)*

H/O dyspnea, Fatigue ability(Nutritional Cirrhosis)

H/O Thyroid swelling (Billiary cirrhosis)

No H/O Sleep disturbance, loss of consciousness , tremors, be havioral disturbances  
(Hepaticencephalopathy)

**Past History**

H/O Previous similar episodes

H/O DM,HT,TB,BA

H/O Abdominal surgeries

H/O Renal Colic

Jaundice

H/O Tatting

H/O drug intake

H/O Blood transfusion

H/O Exposure to STDs

H/O vaccination

**Family History**

*Any similar History*

Wilson's disease

Alpha-1 Anti trypsin deficiency

Hep A, Hep B, Hep E

**Personal History**

Smoking

Alcoholism

Diet(Appetite)

Sexual History

Menstrual History

Obstetric History

**Treatment History****Summary**

Age/Sex/Name → Personal H/O → Family H/O presenting complaints → other relevant positive features

### **General Examination**

Conscious

Co-operative

Afebrile

Pallor

Jaundice

Clubbing

Built

Pedal Edema

Cyanosis

Significant lymphadenopathy

### **Signs of Liver cell failure**

#### *Head*

Alopecia

#### *Eye*

Bitots Spots

Sub conj. Haemorrhage

Anemia

Jaundice

KF ring

Xanthelasma

#### *Face*

Medial supraciliary madarosis

Sunken eyes, cheeks

Loss of facial hair

Parotid enlargement

*Mouth*

Bleeding gums

Fetor hepaticus

*Chest*

spider nevi

Gynecomastia

Atrophy of breast

Loss of pectoral hair axillary hair

Pectoral muscle atrophy

Dilated veins

*Hand*

Pallor

Bounding pulse

Clubbing

Dupuytren's contractions

Palmar erythema

Flapping tremor

Leuconychia

*Abdomen*

Distention

Dilated veins

*Testis*

Atrophy

Pubic hair loss

Tumour

*Lower limbs*

Pedal edema

Chronic leg ulcer

*General*

Pruritis

Spider man appearance

*Markers of TB*

*Markers of HIV*

*Vital Signs*

**Pulse Rate**

Rate, Rhythm, Volume, Character, RF Delay, Felt in all peripheral vessels, condition of vessel wall

**BP**

**Respi. Rate**

Rate , Rhythm, Type

**Temp**

**JVP**

**Inspection**

*Shape*

Saphoid/Flat /Distended(May be Uniform or localized)

Flanks free/full

*Umbilicus*

Position

Shape(Slit/everted/inverted)

Nodules(Sister Mary joseph's )

*Movements of abdomen*

Movement with respiration

Visible peristalsis(VGP/VIP)

*Skin and surface of abdomen*

**Supine Position**

Stretched, Shiny, Scars, Surgeries, Sinuses, Striae

Cushing : Purple Striae

**Head rising**

Divarication of recti

**Standing position**

Dilated veins

**External genitalia**

**Herinal orifice**

**Palpation**

*Superficial palpation*

Warmth

Tender / Non tender

*Deep palpation*

**Liver**

A tender/ non tender swelling is palpable .....cm below Rt costal margin in Extending from .....(medial )to .....(lateral). With ..... (smooth/Nodular )surface, & .....(Sharp/Round) margin\_\_\_\_\_ (soft/ firm/hard) in consistency.

It \_\_\_\_\_(moves/ does not move) with respiration , not bimanually palpable, not able to insinuate fingers under costal margin

**Spleen**

Site, Surface, Extent, Notch on medial border, consistency (firm), tender

It moves with respiration not bimanually palpable, non ballotable

Upper border cannot be felt, colonic band of resonance not felt

**Kidneys**

Moves with respiration, bimanually palpable, ballotable

Colonic band of resonance felt

## **Others**

Direction of Blood flow

Fluid thrill(>2lit)

Abdominal girth measurement

Inguinal / Para aortic / Supra clavicular nodes

## **Percussion**

### *Fluid*

Shifting dullness( 1lit)

Puddle sign (100ml)

### *Liver*

Dullness and Span

### *Spleen*

Dullness/Traube's Space

## **Auscultation**

### *Bowel Sounds*

10-15 /min –small bowel

3-5 / min – larger bowel

### *Bruit*

Renal artery

Liver

Aortic Bruit

### *Venous Hum*

Midway between umbilicus and Rt costal margin

PDV

Collaterals in portal HT

Cruveilheir baumgarter syn.

*Rub*

Perisplenitis

Perihepatitis

*Succusion Splash*

**Other Systems**

CVS

RS

CNS







