

ENDOCRINE

① Classification of Thyroid Neoplasms

- I. Benign → Follicular adenoma.
 Hyalinizing trabecular tumour.
 Hurthle cell adenoma.
- II. Malignant → 1. papillary thyroid carcinoma. → ~~papillary carcinoma~~
 (PTC)
2. Follicular thyroid carcinoma.
 3. Medullary thyroid carcinoma.
 4. Anaplastic thyroid carcinoma.
 5. Hurthle cell carcinoma.
 6. .

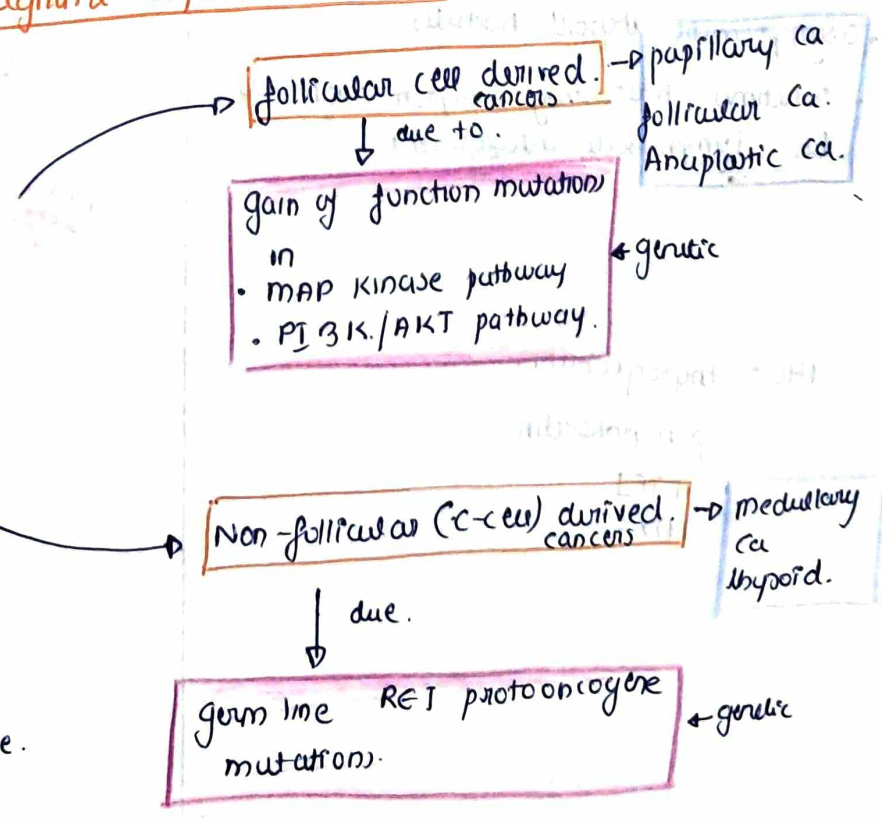
(if for more marks - draw diagram)
 (if for small marks)

② pathogenesis of malignant thyroid Neoplasms.

Two main origins of thyroid cancers.

Environmental factors

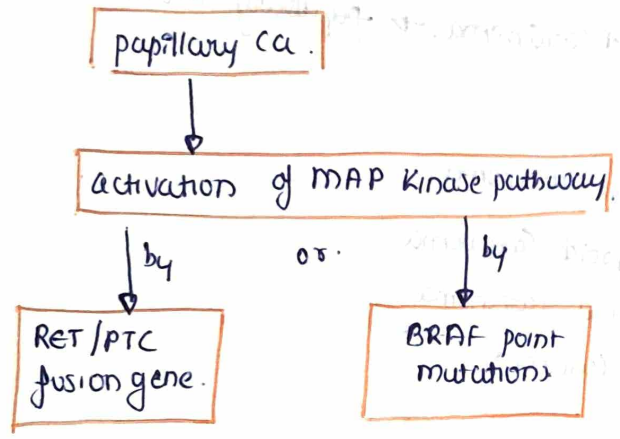
- ① Ionizing radiations:
- ② deficiency of dietary Iodine.



Papillary Thyroid Carcinoma

- most common primary thyroid ca (85%)
- age 20-50
- H/o exposure to ionizing radiations ✓

Genetic factors



Clinical features

- asymptomatic thyroid nodules.
- sometimes presenting symptom might only be lymph node enlargement.

IHC: thyroglobulin
pancytokeratin
TTF1
PAX8

MORPHOLOGY

GROSS

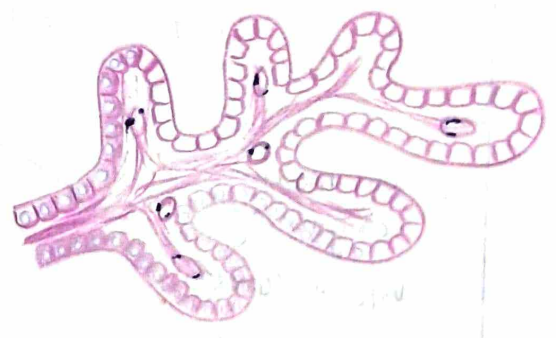
- single ^{image in context} multiple focus lesions.
- usually infiltrative
- with ~~irregular~~ all defined borders.
- white to tan, hard tx.
- granular texture

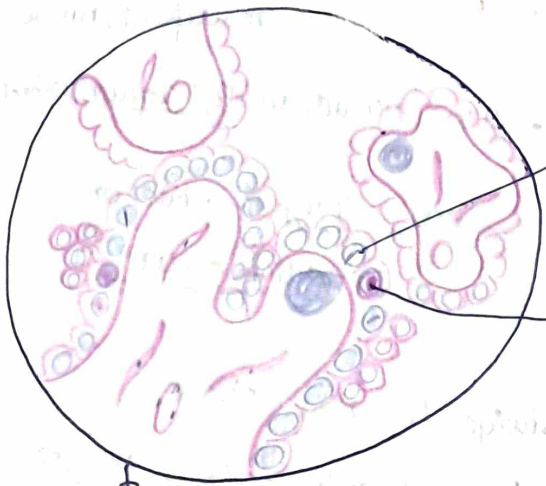
Cut surface → grossly visible papillary structures

gritty - due to calcification & psammoma bodies.

- areas of fibrosis, calcification, cystic spaces etc..

MICROSCOPY





① Nuclear groove.
② Nucleus pseudo inclusion.

- papillae with fibrovascular core.
- overlapping.
- ground glass appearance of nuclei.
- nucleus pseudo inclusions.

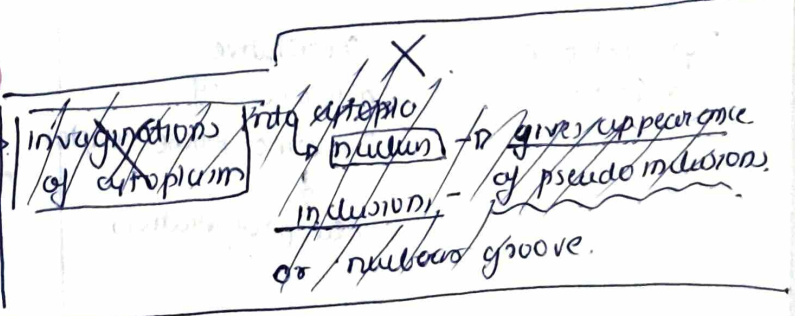
• Complex branching papillae with fibrovascular core.

papillae are covered by single / multiple layer of cuboidal / columnar epithelial cells.

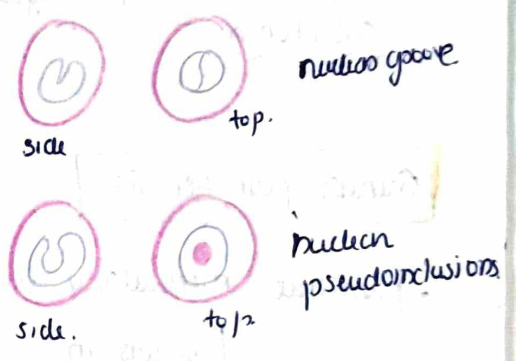
Nuclear features.

- Important for diagnosis.
- Even in absence of papillary architecture.
- Ground glass / orphan Annie nucle. : due to finely dispersed chromatin.

- Intracellular groove ①
- Intracellular inclusions. ②



✓ invagination of cytoplasm into nucleus. ↓ appears as.



- Histological variants of Papillary Ca.
- ① Follicular variant
 - ② Tall & columnar cell variant
 - ③ Diffuse sclerosing variant
 - ④ papillary microcarcinoma.

psammoma bodies - concentrically calcified structures.
- diagnostic of papillary Ca. (calcium meduller, follicles etc.)

MEDULLARY CARCINOMA THYROID

• they are neuroendocrine tumours

derived from

parafollicular cells / C-cell

• they secrete Calcitonin → useful in diagnosis.

Genetic pathogenesis.

• familial medullary carcinoma.

occurs in

MEN 2 syndrome.

multiple Endocrine Neoplasia Soc.

→ associated with RET mutation.

Normally, protooncogene RET → germline/sporadic mutations → Oncogene RET.

RET

codes for

Tyrosine kinase receptor.

Constitutive activation of Tyrosine Kinase receptor.

↓ cell proliferation.

MORPHOLOGY

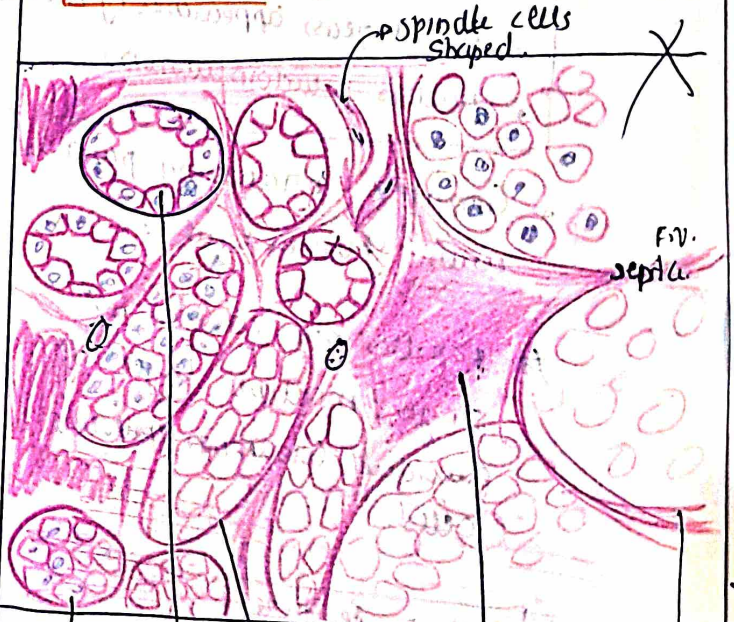
solitary - sporadic
- multifocal, bilateral - familial

• often paradoxically circumscribed

• firm, greyish-white or reddish brown Tx.

• large Tx may show hemorrhage & central necrosis.

MICROSCOPY



nests

trabecular pattern.

amyloid deposition in stroma.

follicular pattern.

lobular pattern.

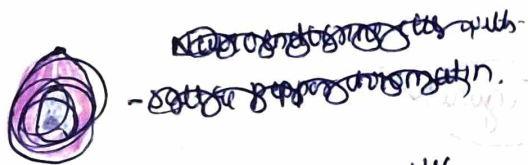
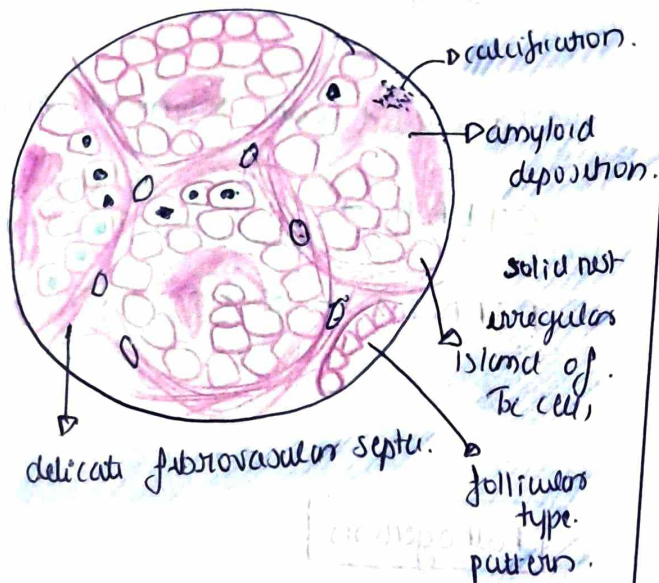
• tumour cells : polygonal to spindle shaped cells.

• arrangement : nest, trabecular, follicles.

• traversed by discrete fibrovascular septa.

Familial cases: C-cell hyperplasia

• amyloid deposits in stroma - due to calcitonin production



→ positive staining in IHC
→ essential for diagnosis

IHC → Calcitonin within cell cytoplasm & amyloid.

Electron mc.

• membrane bound electron-dense granules in cytoplasm of tumour cells.

Familial vs sporadic

table - sc.

IHC → Calcitonin.
Carinoembryonic Antigen (CEA)
→ Chromogranin A synaptophysin

Follicular Carcinoma

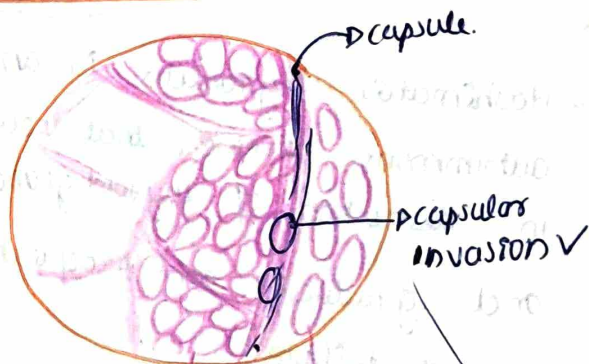
GROSS

- Single nodules
- well circumscribed / widely infiltrative.

Cut section

- tan, pink, may be translucent. { due to colloid }
- foci of haemorrhage.
- degenerative changes like → central fibrosis & calcification.

MICROSCOPY



↓
Closely packed follicles
↓
pleomorphic lining cell

↓
surrounding compressed follicles

Thyroiditis

• group of disorders characterised by **Inflammation of thyroid gland.**

Types of Thyroiditis

- ① Hashimoto's thyroiditis.
- ② Granulomatous thyroiditis.
- ③ Subacute lymphocytic thyroiditis.

Hashimoto's thyroiditis / Chronic Lymphocytic thyroiditis

• Hashimoto's thyroiditis is an autoimmune disease that results in destruction of thyroid gland and gradual and progressive thyroid failure.

• most common cause of hypothyroidism in parts of world where Iodine levels are sufficient.

Clinical presentation

- painless enlargement
- diffuse & symmetric enlargement
- associated hypothyroidism.

Etiology

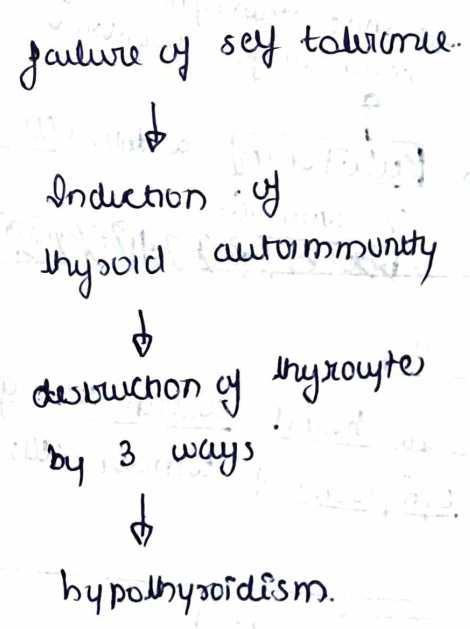
- It has a strong genetic component.
- associated with polymorphism in.

CTLA4 - cytotoxic T lymphocyte associated Antigen-4

PTPN22 - protein tyrosine phosphatase 22.

Pathogenesis

Figure



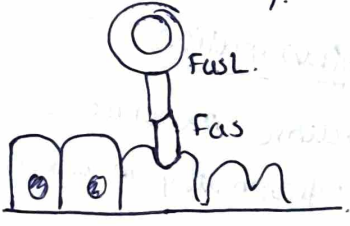
Thyroid epithelium.

Breakdown in self tolerance.

Induces thyroid autoimmunity. & causes destruction of thyrocytes.

CD8+ cytotoxic T cell.

T-cell mediated autoimmunity.

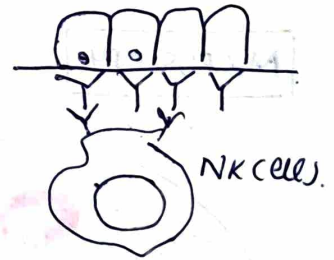
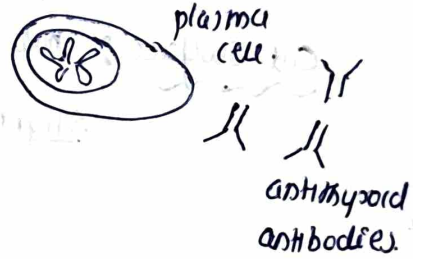


CD4+ TH1 cells.

IFN-γ



Thyocyte injury



① CD8+ cytotoxic T cell mediated cell death ✓

② cytokine mediated cell-death ✓

③ ADCC ✓

Autoantibodies

- anti-thyroglobulin.
- anti-Thyroid peroxidase
- anti-TSH receptors.

MORPHOLOGY

GROSS : Diffuse & Symmetric enlargement of thyroid gland.

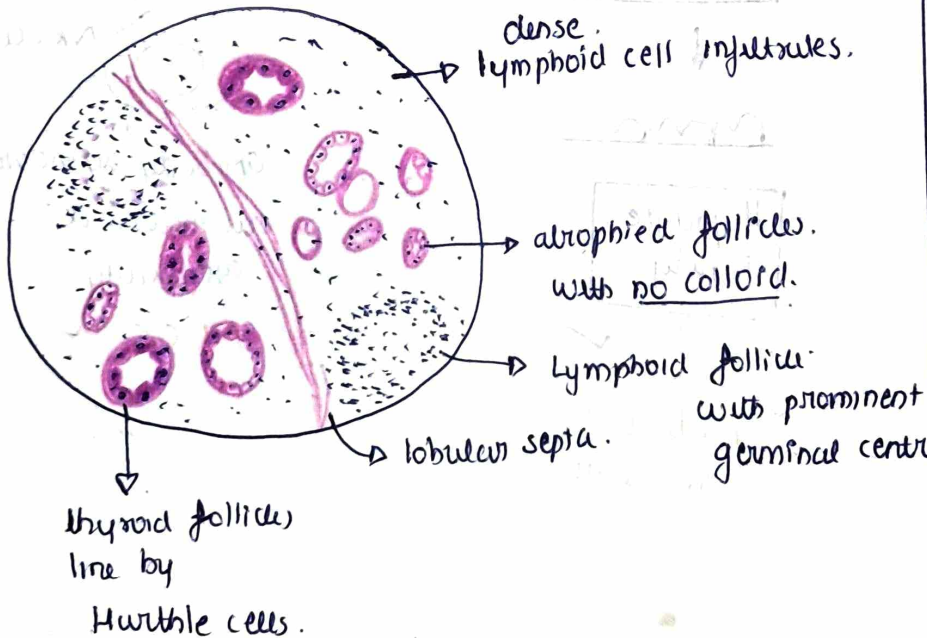
• firm, nodular gland

• capsule - intact - gland is well demarcated from adjacent structures.

Cut surface: pale yellow-tan.

Slightly nodular.

MICROSCOPY



① Inflammation

- dense mononuclear inflammatory infiltrates.
- lymphoid follicles with prominent germinal centres.

② epithelial changes

- atrophy of thyroid follicles
- Hurthle cell metaplasia

③ Fibrosis.

Hurthle cell metaplasia.

- It is metaplastic response of follicular epithelium to injury.

↓
Hurthle cell / askanazy / oxyphil / oncocytes.

- abundant eosinophilic, granular cytoplasm & lines some of the follicles

- ultrastructurally they have
→ prominent mitochondria.