

# LIPID METABOLISM



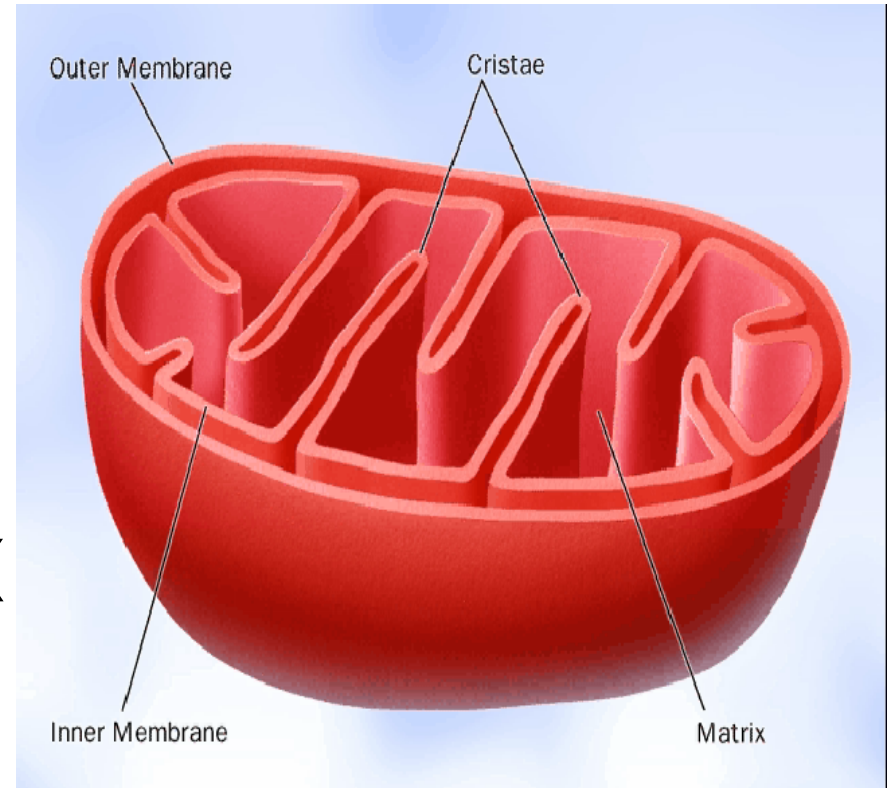
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# $\beta$ oxidation

- **Def: Oxidation & splitting of fatty acid takes place at the  $\beta$  (3rd) carbon atom so there is a sequential removal of 2 carbon unit as acetyl CoA, starting at the carboxyl end**



- **Site:**  
**Mitochondrial matrix**



# Stages

1



Activation of  
Reactions  
Fatty acid  
oxidation

site: cytosol

2



transport of  
fatty acyl CoA  
across IMM

3



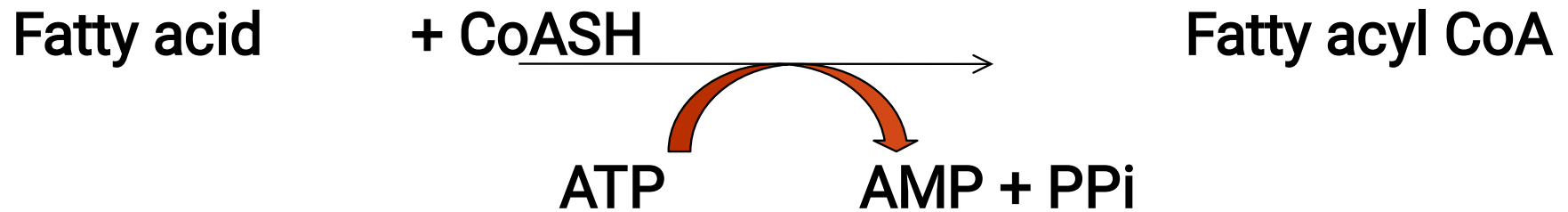
of  
 $\beta$   
mitochondrial  
matrix



# 1. Activation of Fatty Acids

- Fatty acids are activated to CoA derivatives
- This occurs in cytosol

- Acyl CoA synthetase / Thiokinase



## 2. Transport of FattyAcyl CoA to mitochondria

- ❖ Long chain fatty acyl CoA cannot pass through inner mitochondrial membrane
- ❖ A transporter, *Carnitine* is involved



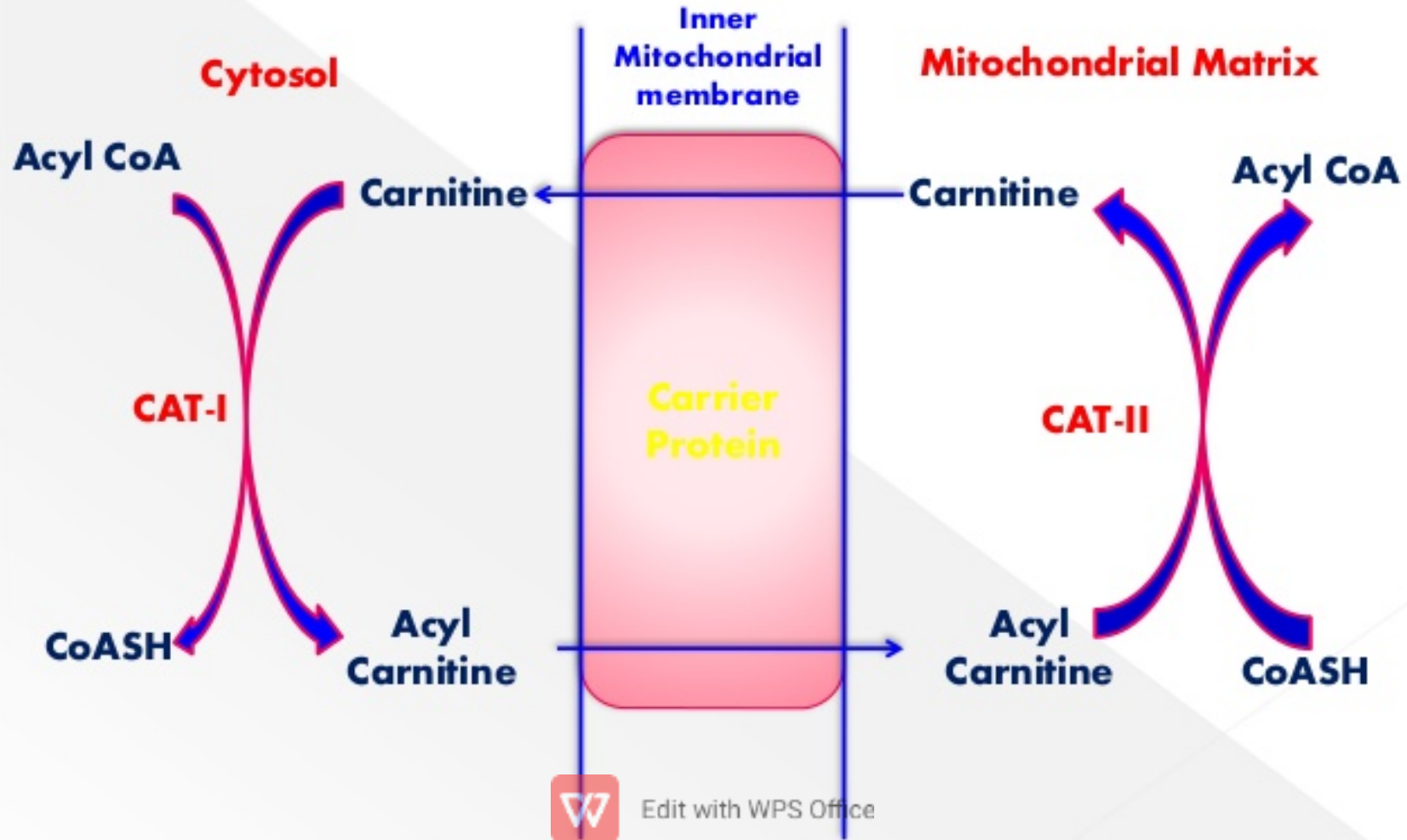
# Carnitine

- **Def: Carrier molecule involved in the transport of long chain fatty acyl CoA across the inner mitochondrial membrane for  $\beta$  oxidation**

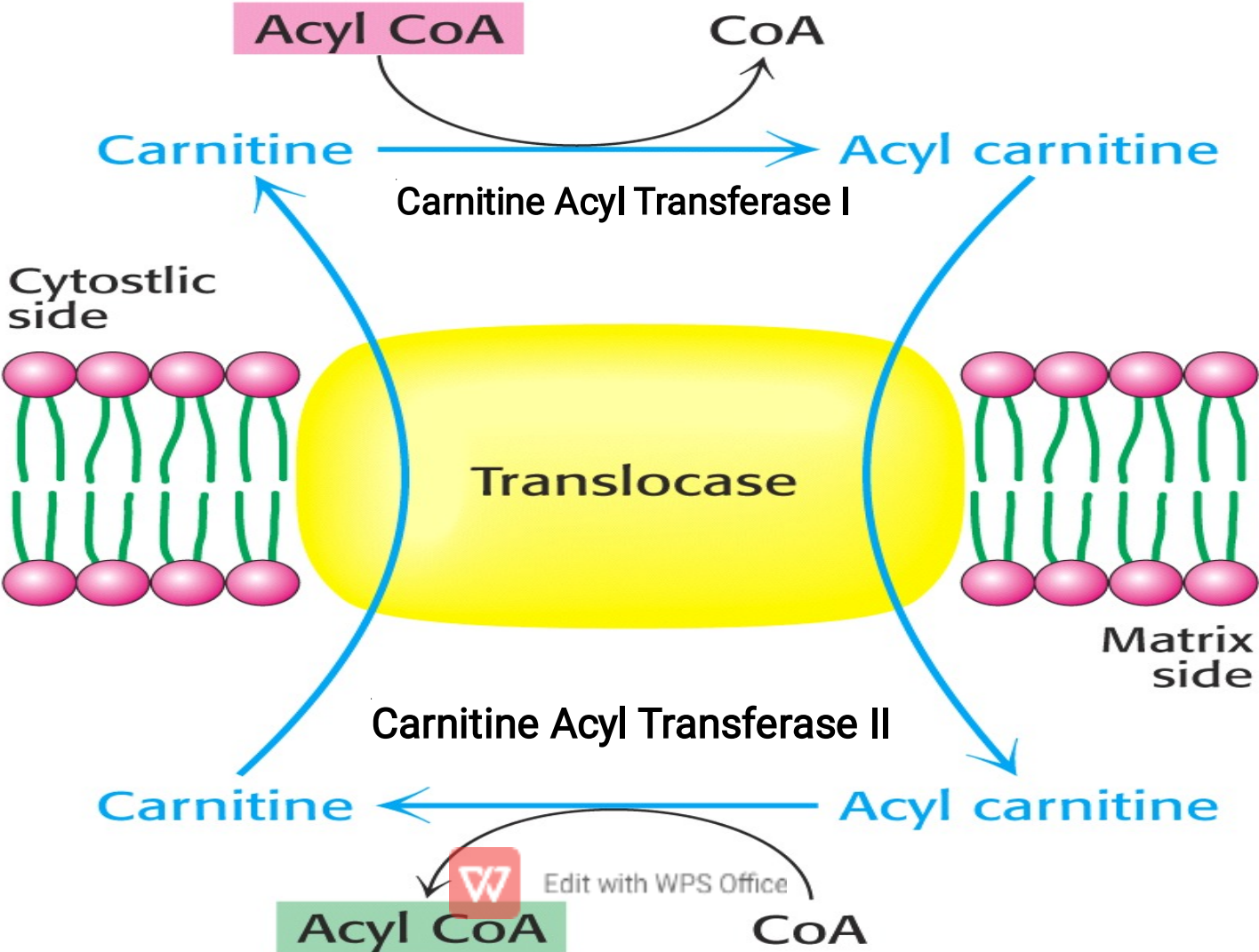


- Carnitine is beta hydroxy gamma trimethyl ammonium butyrate
- It is obtained from lysine and methionine
- It is synthesized in liver and kidney
- MCFA & SCFA do not need carnitine for transport , so easily oxidized

# Carnitine transport system



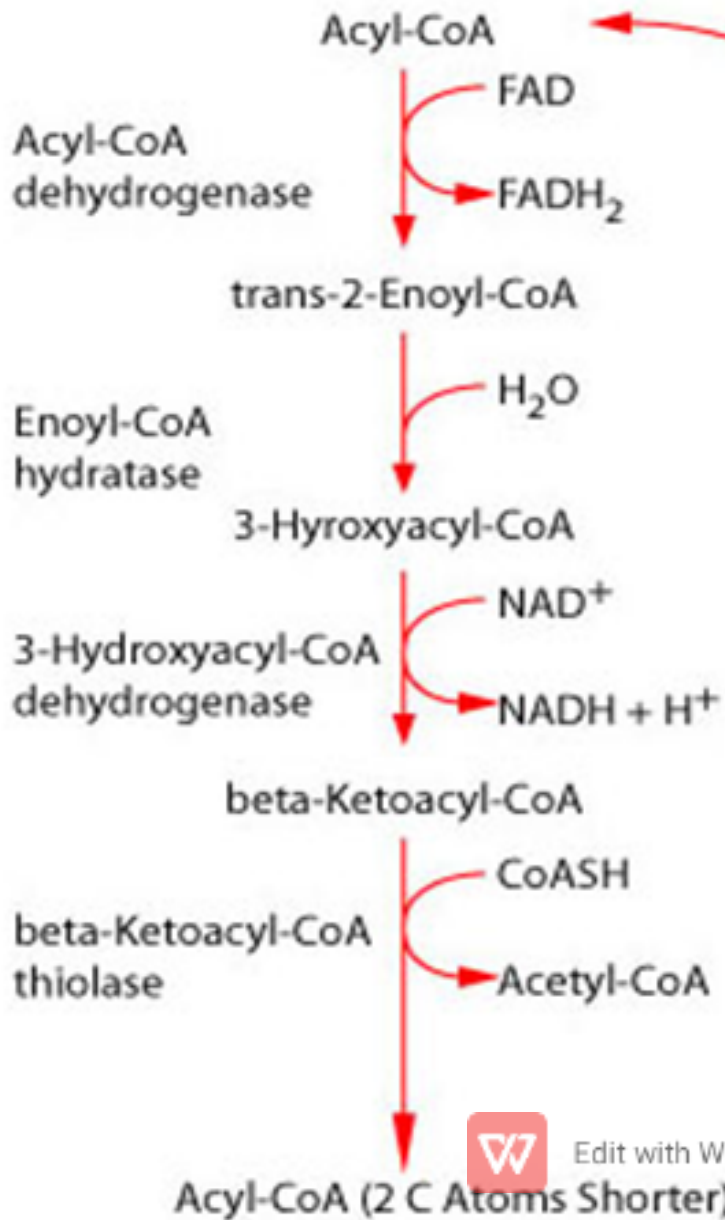
# Carnitine shuttle



### 3. Reactions of $\beta$ - oxidation

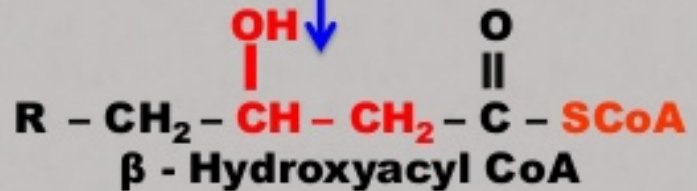
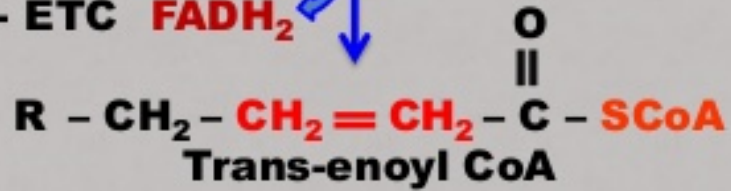
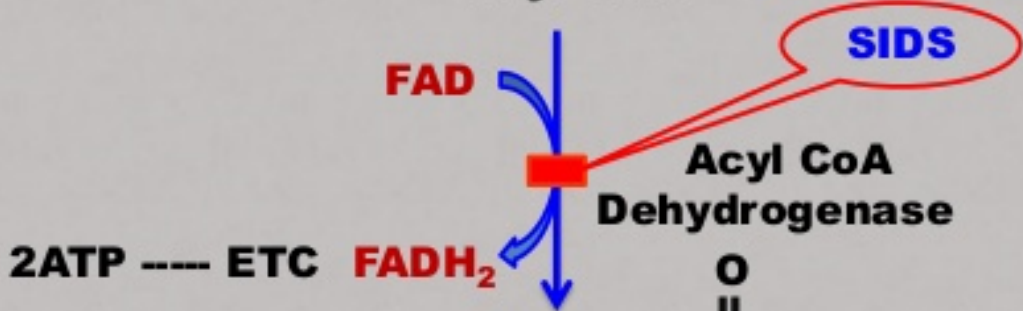
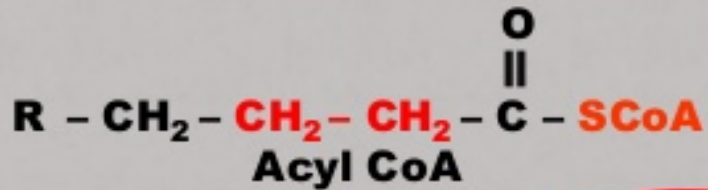
1. FAD dependent dehydrogenation (oxidation)
2. Hydration
3. NAD<sup>+</sup> dependent dehydrogenation (oxidation)
4. Thiolytic cleavage to remove acetyl CoA

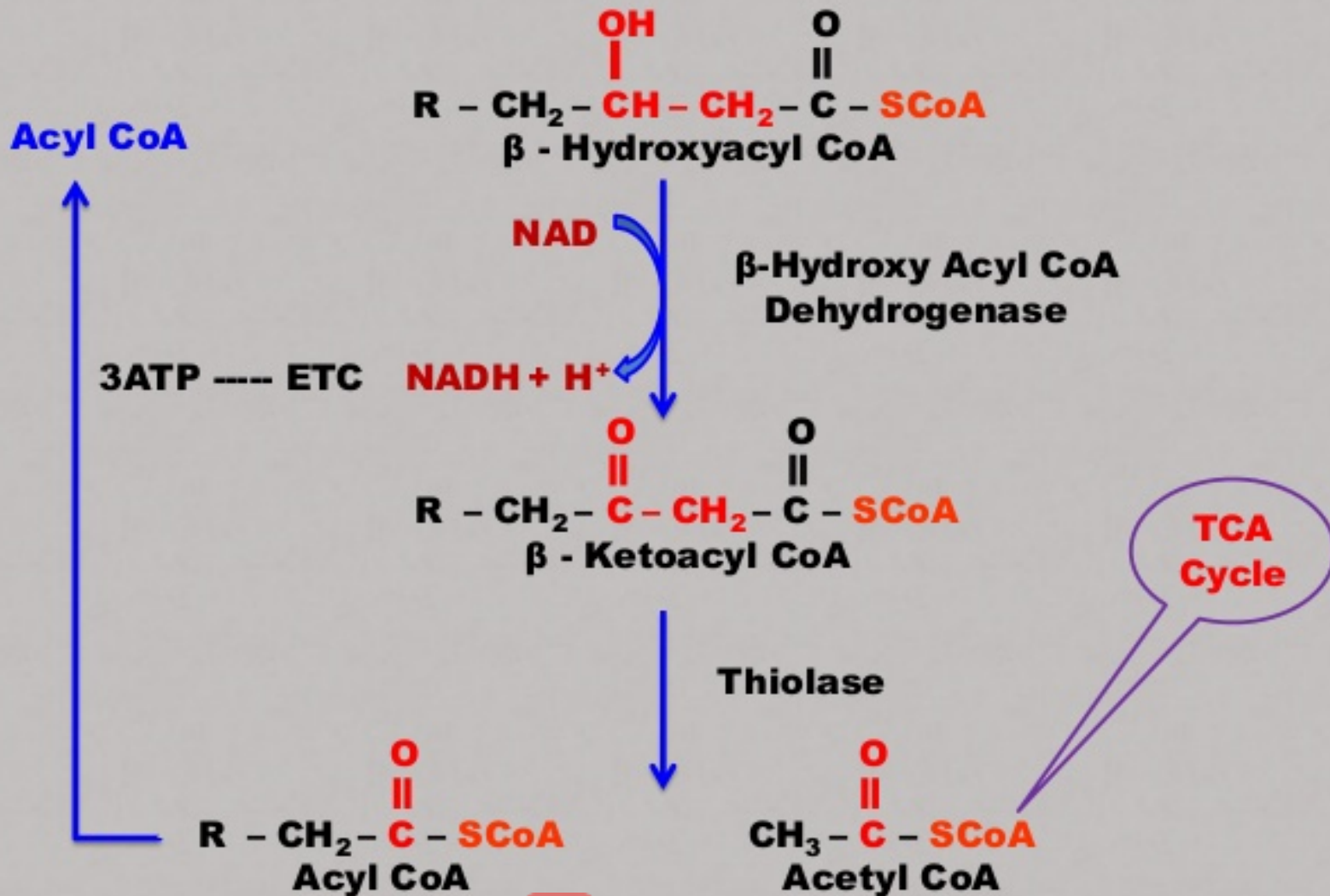




Continue transiting though beta-oxidation until 2 Acetyl-CoA molecules are produced.







# Energetics ( $\beta$ – oxidation of 16C palmitate)

- 8 Acetyl CoA X 10 = 80 ATP  
(oxidized in TCA cycle)
- 7 FADH<sub>2</sub> X 1.5 = 10.5 ATP  
(oxidized in ETC)
- 7 NADH X 2.5 = 17.5 ATP (oxidized in ETC)
- TOTAL = 108 ATP
- Less 2 high energy bonds for initial activation = 106 ATP



## Significance

- Tissues which derive most of the energy from FA at least during fasting : **Heart, skeletal muscle & liver**
- Note: **Adult brain** cannot use FA as a source of energy



- **Clinical significance**



# ● 1. Carnitine deficiency:

- Causes: - dietary deficiency / Preterm infants

## Signs/ symptoms:-

- hypoglycemic encephalopathy
- Muscle weakness
- hepatomegaly

Biochemical basis for hypoglycemia: -

↓ FA oxdn.

↓ ATP for  
gluconeogenesis

↓ Acetyl CoA for activation of  
Pyruvate carboxylase



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## 2. Translocase deficiency

- defective metabolism of LCFA
- Muscle cramps precipitated by exercise & high fat diet



### 3. Jamaican vomiting sickness

- Unripe ackee fruits have toxin – hypoglycin
- Enzyme inhibited : Acyl CoA dehydrogenase
- Hypoglycemia, vomiting



# Regulation

Availability of FFA



Controlled by

Glucagon : insulin ratio

Ratio high in  
starvation & DM



More FFA from adipose  
synthesis

More  $\beta$  oxidation

uptake of FA into  
mitochondria



Controlled by CAT 1



Malonyl CoA  
(substrate for FA synthesis)

So FA oxidation &

cannot occur at same



## Oxidation of Odd chain Fatty acids☒

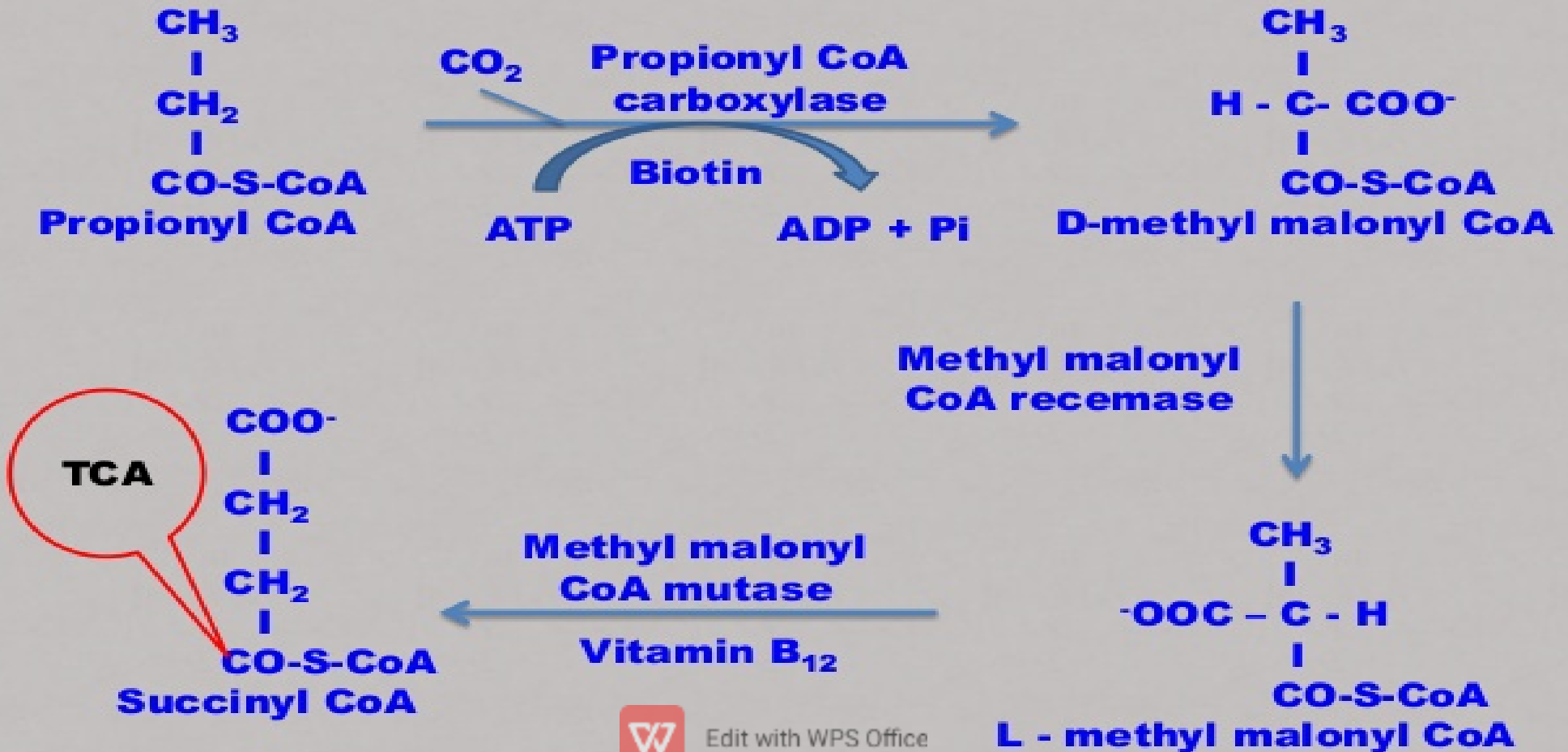
(Source – milk)

- Oxidized by  $\beta$  – oxidation
- In the final round
  - one **acetyl CoA** &
  - one **3-carbon propionyl CoA** is formed

Propionyl CoA from odd chain FA is the only part of a FA that is glucogenic



## Conversion of succinyl CoA to propionyl CoA



# Methyl Malonic Aciduria

- This is a condition where excess methyl malonic acid is excreted through urine
- **Two forms:**
  - B12 responsive**
  - B12 non-responsive**

First group has defective formation of adenosyl B12.

Second group : deficient in enzyme – Methyl malonyl CoA mutase

**Clinical features: Ketoacidosis & mental retardation.**



# Oxidation of VLCFA

- Occurs in Peroxisomes
- modified form of  $\beta$ -oxidation
- $\beta$ -oxidation sequence ends at octanoyl CoA
- Further  $\beta$ -oxidation in mitochondria
- FADH<sub>2</sub> formed is used to produce H<sub>2</sub>O<sub>2</sub> in  
peroxisomes



# Zellweger's syndrome

- Defect: Absence of functional peroxisomes
- Death by age- 6 months
- (Note: peroxisomes are responsible for the synthesis of plasmalogens, bile acid & for shortening VLCFA)
- Biochemical findings :
  - accumulation of VLCFA in brain, liver & kidney – cerebrohepatorenal syndrome
  - Reduced plasmalogens and bile acid synthesis



# Alpha -Oxidation

- **Def: Oxidation of fatty acids by removing one carbon atom at a time, from the carboxyl end as  $\text{CO}_2$**
- **FA does not need activation**
- **Neither consumes nor generates energy**
- **occurs in branched chain FA which have a methyl group at branch point. – blocks  $\beta$ -oxidation eg. Phytanic acid (present in chlorophyll, milk & animal fat)**



# Refsum's Disease

- Def: Metabolic disorder where  $\alpha$ -oxidation is defective
- Enz deficient :-  $\alpha$  – hydroxylase
- Biochemical finding: Phytanic acid accumulates in brain, blood & other tissues



- C/F : Severe neurological symptoms –
  - **Peripheral neuropathy**
  - cerebellar ataxia
  - retinitis pigmentosa
  - ichthyosis



# Omega Oxidation

- Def: Minor pathway taking place in microsomes, where  $\omega$  carbon of FA gets oxidized
- Important when  $\beta$ -oxidation is defective

