

Case 2

Name: Aliyar

Age: 68 yrs | Male

Address: Chulakulam

Occupation: Works in oil refinery

Presenting complaints

Blurring of vision of right eye x 3 yrs.

Blurring of vision of left eye x 2 yrs.

History of presenting complaints

The patient came to the OPD with complaints of ~~the~~ blurring of vision on both eyes. On the right eye duration was of 3 years and left eye 2 yrs. Blurring of vision on both eyes were of gradual onset and slow progression.

There were no history of associated pain.

He gave a history of floaters on looking against bright backgrounds.

No history of glare

No history of coloured halos, photophobia, redness of eye or itching of the eye.

No history of recent trauma.

Past history

- No similar history in the past
- No history hypertension
- No history of hypertension
- No history of thyroid disorders
- No history of steroid / any other drug intake.
- History of conjunctivitis 2 weeks ago.
- No history of past trauma.

Family history

- No relevant family history.

Personal history

- Mixed diet
- Sleep and appetite normal
- unaffected bowel and bladder movements
- No h/o alcoholism or smoking
- No history of drug allergies

Examination

General examination

- The patient was conscious and co-operative
- Moderately built and nourished
- No pallor, icterus, cyanosis, clubbing, lymphoedematous oedema
- Vital are ~~norm~~ stable
- All systems are within normal limits

Ocular examination

	Left eye	Right eye
1. Usual acuity distinct vision	6/60 impaired on pinhole test to 6/9	6/60 impaired on pinhole test to 6/36
2. Near vision	N ₃	N ₃₆

3. External ocular examination

- head posture - normal, no head tilt / chin elevations
- Both eyes are orthophoric
- No facial asymmetry
- Extraocular movements full in all directions of gaze
- Forehead wrinkling present on both halves and skin normal
- orbital margins intact

4. Erythrosis -

- Both at same levels
- No nystagmus

• eyelids

- Normal in position
- No abnormal drooping
- No swelling or redness
- No trachiasis
- Lid margins normal; no entropion/ectropion
- Palpebral appearance - normal

	Right eye	Left eye
Lacrimal apparatus	No swelling / discharge lacrimation test - negative	No swelling / discharge lacrimation test - negative
Conjunctiva	No congestion No discoloration No haemorrhage	No congestion No discoloration, No haemorrhage
Sclera	No thinning No bulging	No thinning No bulging
Cornea	normal in size and shape Arcus senilis present corneal sensation intact	normal in size and shape Arcus senilis present corneal sensation intact
Anterior chamber	normal depth clear No hypopyon / hyphema	normal depth clear No hypopyon / hyphema
Iris	Normal Normal • No exudates	Normal normal No exudates
Pupil	Normal Circular normal Pupillary light reflex } direct indirect brisk reaction	normal circular normal brisk reaction

Lens	Greyish white opacities iris shadow present	Greyish white opacities iris shadow present
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Fundus examination: Not done

Summary

63 year old Aiyar from Chulakulam presented to the OPD with complaints of blurring of vision on both eye with duration of 3 yrs on right eye and 2 yrs of left eye. Onset was gradual and slow progression for both eyes. The patient give history of seeing floaters. No other associated symptoms. On ocular examination usual acuity was found to be 6/60 on both eyes but it increased to 6/9 on left eye and 6/36 on right eye on pinhole test. Lens of both eye shows greyish white opacities and iris shadow.

Provisional diagnosis

Immature Senile cataract on both eyes.